

Collards

A Southern Tradition from Seed to Table



EDWARD H. DAVIS & JOHN T. MORGAN

Collards A Southern Tradition From Seed To Table

André J. Branch



Collards A Southern Tradition From Seed To Table:

Collards Edward H. Davis, John T. Morgan, 2015-03-30 The definitive survey of collards an iconic southern food

Sustainable Market Farming, Second Edition Pam Dawling, 2025-04-15 The complete year round guide to organic vegetable production for market gardeners and small scale farmers now fully revised and updated Sustainable Market Farming is the comprehensive go to reference for serious growers in every climate zone Extensively revised and updated this brand new full color edition is packed with detailed information on everything from planning to harvest and features in depth profiles of a full range of crops This complete practical guide includes The most current farm specific planning and organizational skills for running a profitable successful and professional enterprise Cutting edge information describing new and efficient techniques strategies for season extension approaches for integrated pest disease and weed management and preferred climate smart disease resistant varieties to add to your repertoire Updated guidelines for improving and maintaining soil quality and finding resilient regenerative solutions to align farming practices with new environmental challenges Precise growing guides for a cornucopia of vegetables addressing selection of varieties soil water and fertility requirements sowing cultivation crop rotation and succession planting common pests and diseases harvest and storage and more Whether you are a beginning grower an aspiring market gardener or an established enterprise seeking to take your operation to the next level Sustainable Market Farming is the book you will find yourself returning to again and again throughout a long farming career

Greens Thomas Head, 2016-01-06 Greens collard turnip mustard and more are a defining staple of southern food culture Seemingly always a part of the southern plate these cruciferous vegetables have been crucial in the nourishing of generations of southerners Having already been celebrated in operatic terms composer Price Walden s *Leaves of Green* includes this lyrical note From age to age the South has hollered The praises of the toothsome collard greens now get their leafy culinary due in Thomas Head s *Savor the South* cookbook Head provides a fascinating culinary and natural history of greens in the South as well as an overview of the many varieties of edible greens that are popular in the region Including practical information about cultivation selection and preparation Head also shows how greens are embraced around the world for their taste and healthfulness The fifty three recipes run from classic southern potlikker styles to new southern and global favorites From Basic Southern Greens to Turnip Green Tarts to Greens Punjabi Style cooks will find plenty of inspiration to go green

Food and World Culture Linda S. Watts, Kelty Clark-Mahoney, 2022-08-23 This book uses food as a lens through which to explore important matters of society and culture In exploring why and how people eat around the globe the text focuses on issues of health conflict struggle contest inequality and power Whether because of its necessity pleasure or ubiquity the world of food and its lore proves endlessly fascinating to most people The story of food is a narrative filled with both human striving and human suffering However many of today s diners are only dimly aware of the human price exacted for that comforting distance from the lived world realities of food

justice struggles With attention to food issues ranging from local farming practices to global supply chains this book examines how food s history and geography remain inextricably linked to sociopolitical experiences of trauma connected with globalization such as colonization conquest enslavement and oppression The main text is structured alphabetically around a set of 70 ingredients from almonds to yeast Each ingredient s story is accompanied by recipes Along with the food profiles the encyclopedia features sidebars These are short discussions of topics of interest related to food including automats diners victory gardens and food at world s fairs This project also brings a social justice perspective to its content weighing debates concerning food access equity insecurity and politics *The Earth in Her Hands* Jennifer Jewell,2020-03-03 An empowering and expertly curated look at the horticultural world Gardens Illustrated In this beautiful and empowering book Jennifer Jewell introduces 75 inspiring women Working in wide reaching fields that include botany floral design landscape architecture farming herbalism and food justice these influencers are creating change from the ground up Profiled women include flower farmer Erin Benzakein codirector of Soul Fire Farm Leah Penniman plantswoman Flora Grubb edible and cultural landscape designer Leslie Bennett Caribbean American writer and gardener Jamaica Kincaid soil scientist Elaine Ingham landscape designer Ariella Chezar floral designer Amy Merrick and many more Rich with personal stories and insights Jewell s portraits reveal a devotion that transcends age locale and background reminding us of the profound role of green growing things in our world and our lives US History in 15 Foods Anna Zeide,2023-01-12 From whiskey in the American Revolution to Spam in WWII food reveals a great deal about the society in which it exists Selecting 15 foods that represent key moments in the history of the United States this book takes readers from before European colonization to the present narrating major turning points along the way with food as a guide US History in 15 Foods takes everyday items like wheat bread peanuts and chicken nuggets and shows the part they played in the making of America What did the British colonists think about the corn they observed Indigenous people growing How are oranges connected to Roosevelt s New Deal And what can green bean casserole tell us about gender roles in the mid 20th century Weaving food into colonialism globalization racism economic depression environmental change and more Anna Zeide shows how America has evolved through the food it eats **Affirming Student Ethnic Identities** André J. Branch, *Affirming Student Ethnic Identities* introduces a researched based model that shows educators how to support student ethnic identity development while teaching subject matter content Teachers share their stories detailing how their own ethnic identity development transformed their teaching and their ability to connect with their students The text includes research that informs the discussion of important issues such as code switching acting White the importance of familial and given names and ethnic slurs that are likely to surface when teachers support students in exploring their ethnicities and proclaiming their ethnic identities Lesson designs for use at the elementary middle and high school grade levels are provided as well as a structure for designing an ethnic identity development curriculum Ethnic identity is a critical developmental process for all students

and this book offers new teaching strategies designed to help students achieve their academic goals by fully embracing their histories traditions and customs Book Features New Strategies for Helping Students Achieve Academic Goals Responds to research showing that students with a strong sense of ethnic identity have higher levels of academic achievement persist in educational endeavors and have a higher college going rate than students without a strong sense of ethnic identity A New Model for Promoting Ethnic Identity Development in Education Introduces the author s Ethnic Identity Exploration and Proclamation in Education model designed to support all students in K 12 school settings Fills a Void in Teacher Education Provides theoretical principles and conceptualizations of ethnic identity for different groups pedagogical strategies to help preservice and classroom teachers to reclaim and celebrate their ethnic identities and the structure for ethnic identity curriculum development Best Practices Based on Research with Classroom Teachers Includes guidance for implementation with discussions of difficult issues useful lesson designs teachers personal work on ethnic identity exploration profiles of teachers who share their personal struggles and more *Teaching Critical Performance Theory* Jeanmarie Higgins,2020-05-12 Teaching Critical Performance Theory offers teaching strategies for professors and artist scholars across performance design and technology and theatre studies disciplines The book s seventeen chapters collectively ask What use is theory to an emerging theatre artist or scholar Which theories should be taught and to whom How can theory pedagogies shape and respond to the evolving needs of the academy the field and the community This broad field of enquiry is divided into four sections covering course design classroom teaching the studio space and applied theatre contexts Through a range of intriguing case studies that encourage thoughtful theatre practice this book explores themes surrounding situated learning dramaturgy and technology disability and inclusivity feminist approaches race and performance ethics and critical theory in theatre history Written as an invaluable resource for professionals and postgraduates engaged in performance theory this collection of informative essays will also provide critical reading for those interested in drama and theatre studies more broadly *The Curious Kitchen Gardener* Linda Ziedrich,2025-02-25 Enjoy a whole new tasty cuisine using unexpected ingredients you can find in your own garden from a Master Food Preserver and Gardener The Curious Kitchen Gardener is for cooks and gardeners interested in bringing novelty and variety into their lives and homes It follows each season of planting and harvesting featuring nearly 35 often overlooked edibles with illustrations and a delicious recipe for each encouraging us to see our gardens as an integrated whole and a year round practice Calling upon decades of Master Gardener and Master Food Preserver experience Linda Ziedrich includes fascinating cultural context and personal connections to each plant The result is the story of how and why an adventurous gardener cultivated a unique cuisine for herself and her family and how you can too *The North Carolina Historical Review* ,2017

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