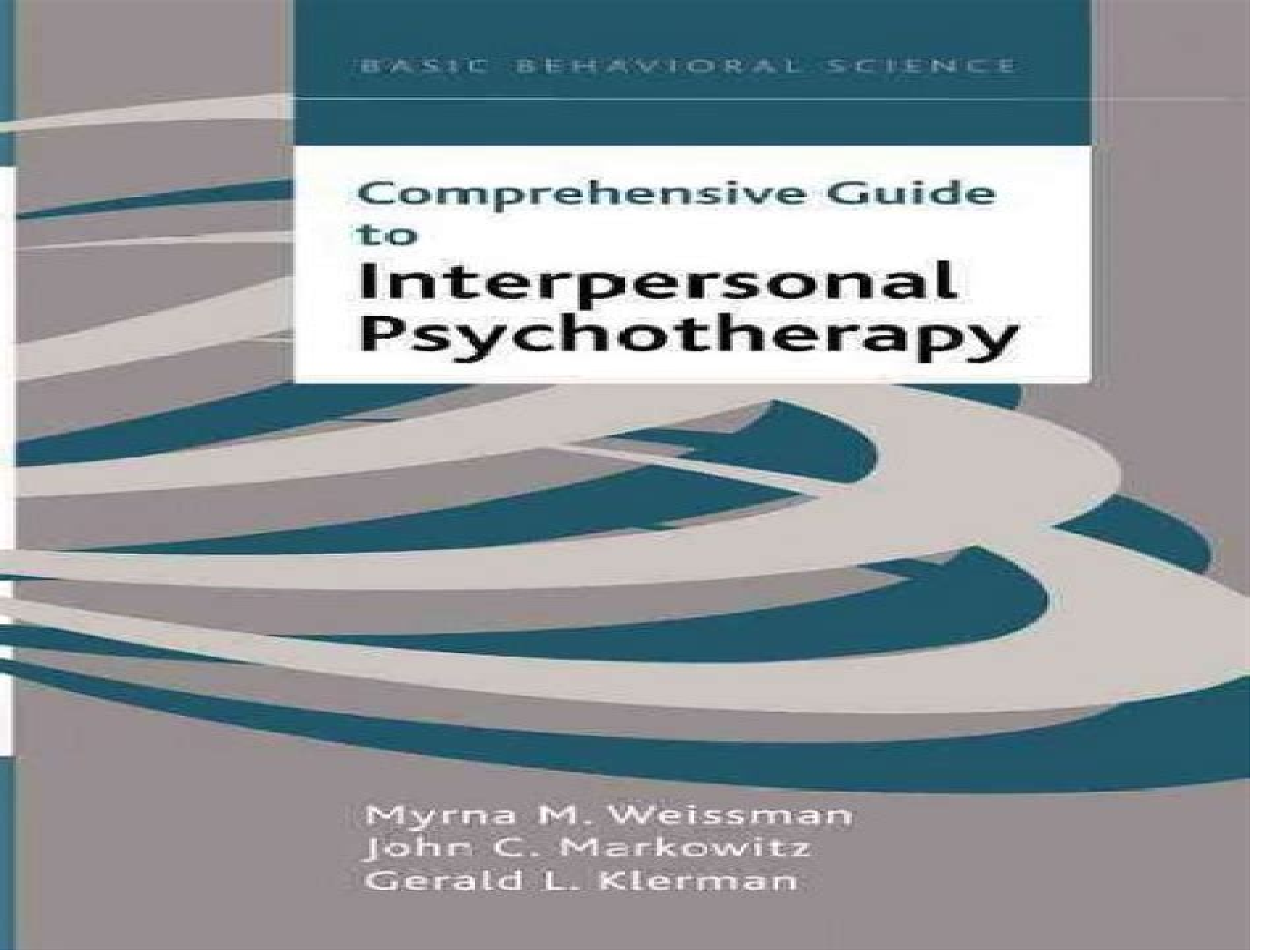




BASIC BEHAVIORAL SCIENCE

Comprehensive Guide
to
**Interpersonal
Psychotherapy**

Myrna M. Weissman
John C. Markowitz
Gerald L. Klerman

Comprehensive Guide To Interpersonal Psychotherapy

**Myrna M Weissman, John C.
Markowitz, Gerald Klerman**



Comprehensive Guide To Interpersonal Psychotherapy:

Comprehensive Guide To Interpersonal Psychotherapy Myrna M. Weissman, John C. Markowitz, Gerald Klerman, 2000-02-11 Since its introduction as a brief empirically validated treatment for depression Interpersonal Psychotherapy has broadened its scope and repertoire to include disorders of behavior and personality as well as disorders of mood Practitioners in today s managed care climate will welcome this encyclopedic reference consolidating the 1984 manual revised with new applications and research results plus studies in process and in promise and an international resource exchange

Comprehensive Guide To Interpersonal Psychotherapy Myrna M Weissman, John C. Markowitz, Gerald Klerman, 2008-08-01 Since its introduction as a brief empirically validated treatment for depression Interpersonal Psychotherapy has broadened its scope and repertoire to include disorders of behavior and personality as well as disorders of mood Practitioners in today s managed care climate will welcome this encyclopedic reference consolidating the 1984 manual revised with new applications and research results plus studies in process and in promise and an international resource exchange

The Guide to Interpersonal Psychotherapy Myrna M. Weissman, John C. Markowitz, Gerald L. Klerman, 2017-08-01 The Guide to Interpersonal Psychotherapy is the definitive practical guide to Interpersonal Psychotherapy IPT for clinicians and researchers IPT is a well researched time limited and diagnosis focused therapy An update and expansion of the original 1984 2000 and 2007 IPT manuals this guide illustrates not only individual IPT treatment for patients with major depression but also adaptations of IPT for different diagnoses patient populations and treatment formats This book is the basis for the extensive research that has validated IPT and led to its listing in treatment guidelines Written by the originators of the treatment and one of its leading researchers this updated and expanded guide describes how to approach clinical encounters with patients how to focus IPT treatment and how to handle therapeutic difficulties IPT can be combined with medication and it is a safe alternative to medication for individuals who may not be able to take antidepressants IPT has been shown not only to relieve symptoms but to build social skills as well Learn how to use IPT to effectively treat depression and other disorders including bipolar disorder anxiety disorders eating disorders posttraumatic stress and borderline personality disorder With clinical examples and sample therapist scripts throughout The Guide summarizes the theoretical and empirical background of IPT and focuses on teaching you the best way to deliver this effective immensely practical treatment

Clinician's Quick Guide to Interpersonal Psychotherapy Myrna Weissman, John Markowitz, Gerald L. Klerman, 2007-02-15 The Clinician s Quick Guide to Interpersonal Psychotherapy is for busy clinicians who want to learn interpersonal psychotherapy IPT but who lack the time to read a more detailed manual or to attend a course The book is also intended for clinicians who have had some exposure to IPT in workshops or supervision and want a reference book for their practice

Interpersonal Psychotherapy for Adolescents Robert McAlpine, Anthony Hillin, 2020-12-29 Interpersonal psychotherapy for adolescents IPT A is a comprehensive guide for clinicians It will enable

readers to add IPT A to their clinical repertoire or to deepen their existing practice of IPT A using a time limited evidence based intervention that is engaging for young people The guide outlines the structure skills and techniques of IPT A utilising real life encounters in the therapy room that reflect the diverse nature of adolescents and young adults who present for therapy It provides the reader with a bird s eye view of how IPT A works It expands the range of IPT A clinical tools techniques and models to assist the reader to work effectively with a wide range of clients The book provides a new protocol for the psychological assessment of young people acknowledging the importance of culture and spirituality alongside the biological psychological and social dimensions that have previously comprised assessment The importance of the clinician forming a transitory attachment relationship with the client is emphasised throughout The target audience for this book is mental health clinicians including psychologists psychiatrists social workers mental health nurses occupational therapists general practitioners with a mental health focus and students from these professions Interpersonal Psychotherapy for Depressed Adolescents, 2011-01-24 Grounded in extensive research and clinical experience this manual provides a complete guide to interpersonal psychotherapy for depressed adolescents IPT A IPT A is an evidence based brief intervention designed to meet the specific developmental needs of teenagers Clinicians learn how to educate adolescents and their families about depression work with associated relationship difficulties and help clients manage their symptoms while developing more effective communication and interpersonal problem solving skills The book includes illustrative clinical vignettes an extended case example and information on the model s conceptual and empirical underpinnings Helpful session checklists and sample assessment tools are featured in the appendices **Handbook of Evidence-based Psychotherapies** Chris Freeman, Michael J. Power, 2007-05-07 The handbook takes the practitioner to the next stage with an overview of the key evidence based therapies with guidelines on further reading and training It also reviews key professional and organisational issues related to the delivery of services in resource limited situations **Concise Guide to Brief Dynamic and Interpersonal Therapy** Hanna Levenson, Stephen F. Butler, Theodore A. Powers, Bernard D. Beitman, 2002 The second edition of this Concise Guide is intended to help educate both beginning and experienced clinicians in the strategies and techniques of time attentive models and to foster more positive and optimistic attitudes toward using brief therapy *Canadian Journal of Psychiatry*, 2003 Interpersonal Psychotherapy for Depressed Older Adults Gregory A. Hinrichsen, Kathleen F. Clougherty, 2006 This is the first clinical book on how to conduct Interpersonal Psychotherapy IPT with persons 65 years of age and older To help clinicians learn effective care the authors draw upon a wealth of experience to provide a comprehensive review of theory and research as well as practical guidance on clinical interventions

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