

NAME: _____

DANCE SELF-ASSESSMENT SHEET

SUCCESS CRITERIA			
Developing			
I can use stimuli to create movement and am able to move in time with the music.			
I can perform most basic actions with control and fluency.			
I can demonstrate basic actions using some dynamic qualities.			
I can come up with basic ideas to create a small routine.			
I can work with a partner or small group well.			
I can describe and comment on my own and others' performance.			
I can make simple suggestions on how to improve my performance.			
I understand how the body responds to exercise and the warm up.			
I can copy a dance routine or motif.			
I understand some key Dance terminology.			
I can identify some of the key movements within dance when watching a performance.			
I can appreciate a performance and identify the dance style.			

SUCCESS CRITERIA			
Securing			
I can respond imaginatively to a variety of stimuli.			
I understand rhythm and can move in time to the music.			
I can demonstrate a wide range of actions, with confidence, control and fluency.			
I can use different dynamics to help develop my routine.			
I can develop or adapt my routine to make it better and choreograph small sections of the routine.			
I can work well in a small group and contribute some ideas/choreography.			
I can give feedback to others about their performance.			
I am able to listen to feedback from the teacher and other students and use this to help improve my performance.			
I understand why and how you warm up in dance and could complete a warm up individually.			
I can copy a routine or motif including some more advanced moves.			
I understand several key terms in dance and can describe what they mean.			
I can identify most of the key movements in dance when watching a performance.			
I can appreciate a performance and identify some choreographic devices used.			

Dance Self Evaluation Writing Example

**Richard Gentry, Vickie Wallace-
Nesler, Jan McNeel**



Dance Self Evaluation Writing Example:

Complete Guide to Primary Dance Lyn Paine, National Dance Teachers Association, 2014-02-25 This text provides primary teachers of all experience with the knowledge they need to plan and deliver age appropriate dance lessons It offers a scheme of 22 units of work suitable for reception to year 6 along with practical and creative ideas for teaching dance It includes a web resource to support teaching and learning

Teaching Dance as Art in Education Brenda Pugh McCutchen, 2006 Brenda McCutchen provides an integrated approach to dance education using four cornerstones dancing and performing creating and composing historical and cultural inquiry and analysing and critiquing She also illustrates the main developmental aspects of dance

Experiencing Dance Helene Scheff, Marty Sprague, Susan McGreevy-Nichols, 2014-04-08 *Experiencing Dance From Student to Dance Artist Second Edition* takes off where its previous edition a best selling high school text for students enrolled in dance classes left off Geared to students in dance II III and IV classes this text places teachers in the role of facilitator and opens up a world of creativity and analytical thinking as students explore the art of dance Through *Experiencing Dance* students will be able to do the following Encounter dance through creating performing responding to analyzing connecting with and understanding dance through its 45 plus lessons Experience dance as performers choreographers and audience members Learn about dance in historical and cultural contexts in community settings and as career options Go through a complete and flexible high school curriculum that can be presented in one or more years of instruction Meet state and national standards in dance education and learn from a pedagogically sound scope and sequence that allow them to address 21st century learning goals Use Spotlight and Did You Know special elements that will enhance the learning experience and connect studio learning to the real world of dance *Experiencing Dance* will help students engage in movement experiences as they learn and apply dance concepts through written oral and media assignments These assignments help them gain a perspective of dance as an art form and provide the content for students to develop interactive dance portfolios The text contains 15 chapters in five units Each chapter offers at least three lessons each containing the following material Move It introduces students through a movement experience to a lesson concept Vocabulary provides definitions of key terms Curtain Up offers background information to help students understand lesson topics and concepts Take the Stage presents dance related assignments for students to produce and share Take a Bow engages students in response evaluation and revision activities to process their work and concepts presented in the chapter Each lesson includes Spotlight and Did You Know special elements that help students extend their learning and deepen their understanding of historical and cultural facts and prominent dancers dance companies and professionals in careers related to dance Each chapter includes a chapter review quiz Quizzes incorporate true or false short answer and matching answer questions Finally each chapter ends with a capstone assignment Students will delve into major topics such as these

Identifying your movement potential as a dancer Understanding dance science and its application through studying basic

anatomy and injury prevention in relation to dance training Developing proper warm ups and cool downs and integrating fitness principles and nutrition information into healthy dancing practices Expressing through various dance styles and forms the roles of the dancer the historical and cultural heritage of the dance and the dance s connections to community and society Developing and performing dance studies and choreography in a variety of styles and forms and then producing the dance using production elements for a variety of settings Preparing for a future as a dancer choreographer or a career that is otherwise connected to dance Advocating for dance in your community and beyond The text is bolstered by web resources for both students and teachers These resources enhance the students learning experience while enabling teachers to prepare for conduct and manage their classes The student web resource contains these features Journaling prompts Extended learning activities Web search suggestions for further research Worksheets and assignments to either print out or complete online via editable Word files Interactive chapter review quizzes these are completed online and students get immediate feedback Video clips Vocabulary terms with and without definitions to aid in self quizzing and review The teacher web resource contains everything that is on the student web resource plus the following A printable full color poster for the classroom PowerPoint presentations for each chapter Answer keys for worksheets and quizzes A full electronic version of the student textbook In addition Experiencing Dance is available in both print and interactive iBook versions The iBook version has embedded chapter opening and instructional video clips as well as interactive quizzes in which students immediately receive feedback on their answers This updated text with its solid instruction and comprehensive lessons new resources and extended learning experiences will help students at levels II III and IV increase their understanding of expertise in and enjoyment of dance

The Dance Industry Rosalind Kincaid, AI, 2025-02-24 The Dance Industry offers a comprehensive career guide diving deep into the realities of professional dance It emphasizes that succeeding in the dance industry requires not only talent but also a solid understanding of business practices Aspiring and established dancers will learn how to navigate the complexities of dance contracts master audition techniques and develop effective self promotion strategies The book underscores the importance of viewing dance as both an art and a business preparing dancers for the financial challenges and legal considerations they ll encounter This guide explores how the dance profession has evolved highlighting shifts in contracts union involvement and performance opportunities It uniquely blends artistic passion with practical business acumen providing real world examples of contracts and audition materials Beginning with career planning and networking the book progresses through contract negotiation and portfolio creation culminating in financial planning and injury management strategies

Fostering Writing in Today's Classroom Richard Gentry, Vickie Wallace-Nesler, Jan McNeel, 2014-06-01 This focused resource from experts in teaching writing helps develop enthusiastic and efficient writers through classroom tested methods that support all students Its research based strategies and proven best practices in writing instruction help educators meet the demands of today s new and challenging standards while developing purposeful

writers This book provides high quality support in areas such as writer s workshop the writing process the traits of good writing assessment classroom organization and the use of appropriate writing assignments Using the strategies tips and resources in this book you can transform students into college and career ready writers *Teaching Children Dance* Susan M. Flynn,Emily Enloe,Theresa Purcell Cone,Stephen L. Cone,2024 Undergraduate textbook for education dance and physical education teaching majors that prepares them to teach dance to children from grades K 12 Includes pedagogy curriculum and lesson planning rationale for dance education teaching and best practices and many learning experiences that teach children creative dance popular and social dances fitness dances and folk and cultural dances **Teaching Children Dance** Theresa Purcell Cone,Stephen Leonard Cone,2012 In this updated third edition respected authors Purcell Cone and Cone identify how dance experiences assist children in cultivating 21st century skills of creative thinking collaboration communication global awareness and self direction The authors present dance as a mode of learning that involves the whole child using the body and the senses to gather information communicate and demonstrate conceptual understandings *Teaching Children Dance* presents the fundamentals of program construction and delivery guidelines on tailoring a dance program to fit various teaching situations and advocacy strategies for maintaining and developing a program Sample unit plans as well as ideas for planning yearlong unit plans and lesson outlines are included Readers will find protocols for maintaining a safe and productive learning environment as well as strategies for encouraging students feedback demonstrations and observations *Teaching Children Dance* presents 31 challenging and enjoyable dance experiences These ready to use learning experiences are divided into 12 activities for children in kindergarten through second grade and 11 activities appropriate for students in third through fifth grade Eight dance experiences designed for inclusive or self contained dance classes are also detailed along with strategies to ensure successful experiences for children with disabilities Publisher Inviting Writing Adam Bushnell,David Waugh,2017-02-27 With recent research findings by The National Literacy Trust indicating that 1 in 2 children enjoy writing should primary school teachers be using it more There are opportunities for teaching and learning writing in all subjects and all lessons *Inviting Writing* supports you to find these opportunities and to plan assess and develop children s writing for a range of purposes in a range of styles Chapters cover every curriculum subject and explore the unique writing opportunities for each one It helps you to focus on teaching the skills of composition and on taking writing forward Examples of good practice are included throughout alongside suggestions for teaching activities This book also outlines the many ways in which children s writing can be evidenced and encourages you to reconsider the ways in which children s progress in writing can be tracked and captured This is a practical guide to teaching writing across the curriculum **Experiencing Dance** Marty Sprague,Helene Scheff,Susan McGreevy-Nichols,Kelly Berick,2024-09-30 *Experiencing Dance From Student to Dance Artist Third Edition* is a best selling high school text for students who have completed an introductory dance course and want to further expand their dance

knowledge and skills Geared toward students in dance II III and IV classes this text places teachers in the role of facilitator and opens a world of creativity and analytical thinking as students explore dance as an art form Designed to meet national and state dance education standards Experiencing Dance offers a complete and flexible dance curriculum that will allow students to understand dance through creation performance analysis and response Whether as performers choreographers or observers students will cultivate a deeper appreciation of dance as they delve into major topics such as these Recognizing movement potential as a dancer Understanding dance science and its application through studying basic anatomy and injury prevention in dance training Developing proper warm ups and cool downs Integrating fitness principles and nutrition information into healthy dancing practices Exploring dance as an art form the roles of the dancer the historical and cultural heritage of the dance and the dance s connections to community and society Choreographing dance in a variety of styles and forms and incorporating various production elements for the performance Preparing for a future as a dancer or choreographer or for a career that is otherwise connected to dance Experiencing Dance engages students in learning with a mixture of movement and written oral and multimedia assignments Each of the text s 15 chapters offers at least three lessons each containing the following sections Move It introduces students to the lesson through a movement experience the web resource supplements some activities with video examples Vocabulary provides definitions of key terms Curtain Up offers relevant background information Take the Stage presents dance related assignments for students to produce and share Take a Bow gauges students understanding of the assignment Spotlight introduces a person thing event or place aligned with the topic Did You Know offers additional information to enhance overall knowledge The web resource contains extended learning activities worksheets handouts and additional resources With tools that fully immerse students in the world of dance Experiencing Dance is the ideal textbook to help students develop interactive dance portfolios and gain perspective of dance as an art form Note A QR code for accessing the web resource is included with this ebook

Creating the Reflective Habit
Michelle Lucas, 2023-06-12 Reflection is a critical skill which can enhance the quality of our professional and domestic lives Yet in a world of busy reflective practice often falls to the bottom of the list We are not alone in the struggle to use the pause button well This book is here to help The book offers a practical toolkit which shows you how to create a sustainable reflective habit We begin by exploring the meaning and territory of reflection drawing from the literature to provide context and understanding The following chapters contain prompts and exercises which will appeal to different processing preferences The intention throughout this book is firstly to show that reflection means so much more than journaling and secondly to encourage an appetite for experimentation that results in a desire to reflect on a regular and sustainable basis We invite you into an immersive experience playing with the multitude of reflective possibilities on offer It is only through repeated trial and error enlightenment and frustration that we will come to create our own reflective habit Written by a coach and coach supervisor this practical book is an invaluable resource for helping practitioners but will also be immensely

helpful to anyone and everyone who wants to get their pause button in good working order The book also provides Learning Development professionals with a suite of tools and materials to help build the reflective practice skill set in their organisation

Dance Self Evaluation Writing Example: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the captivating narratives that have enthralled audiences this year. Dance Self Evaluation Writing Example : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Dance Self Evaluation Writing Example : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Dance Self Evaluation Writing Example : Delia Owens' "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and thrilling novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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