

LED Direct's Guide for CIBSE Recommended Lighting Levels

LED DIRECT

OFFICES

General	500 lux
Computer work stations	300 – 500 lux
Filing rooms	300 lux
Print rooms	300 lux
Drawing office	500 lux
Drawing boards	750 lux
CAD design areas	300 – 500 lux

RETAILING

Small retail outlets	500 lux
Supermarkets	750 lux
Hypermarkets	1000 lux
DIY superstore	1000 lux
Garden centres	500 lux
Showrooms	500 – 750 lux

CIRCULATION AREAS

Lifts	100 lux
Corridors & stairs	100 lux
Escalators/Conveyors	150 lux
Atria	50 – 200 lux
Atria with plants	500 – 3000 lux
Entrances/Exits	200 lux

ENGINEERING

Tool shops	500 – 750 lux
Arc welding	500 lux
Spot welding	500 – 1000 lux
Heavy machine assembly	500 lux
Inspection and testing	500 – 2000 lux

BANKS & BUILDING SOCIETIES

Counter offices	500 lux
Public areas	300 lux

STAFF AREAS

Changing rooms & toilets	100 lux
Restrooms	150 lux
Restaurants & canteens	200 lux

KITCHENS

Serving & washing up areas	500 lux
Food preparation & cooking	500 lux
Food stores	150 lux

PUBLIC ACCESSIBILITY

Churches & village halls	300 lux
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COMMUNICATION

Switchboards	300 lux
Post rooms	500 lux

DISTRIBUTION & STORAGE

Loading bays	150 lux
Unpacking & sorting	200 lux
Large item stores	100 lux
Small-item stores	200 lux
Trade counter	500 lux
Warehouse/Bulk Stores	100 lux
Packing & dispatch	300 lux
Cold stores	300 lux

BUILDING SERVICES AREAS

Boiler house	100 lux
Control rooms	300 lux
Mechanical plant rooms	150 lux
Electrical plant rooms	100 lux

GENERAL AREAS

Entrance halls & lobbies	200 lux
Enquiry desks	500 lux
Gatehouses	200 lux



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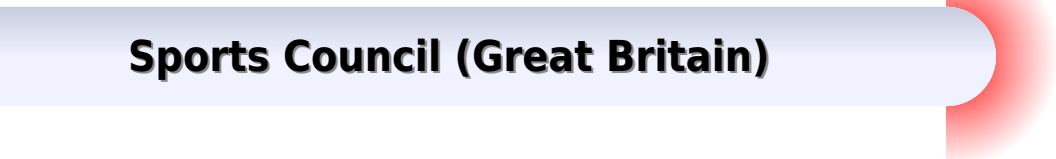
Or email us about your lighting project now!

info@leddirect.co.uk

The infographic above provides a helpful guide to the CIBSE recommended lighting levels for the most common premises types. This is only a guide and any specific building requirements need to be carefully considered. If in doubt, consult our expert! LED Direct can provide advice on the correct lighting solution for any application, drawing on our decades of experience in the lighting sector.

Cibse Lighting Guide 1

Sports Council (Great Britain)



Cibse Lighting Guide 1:

Lamps and Lighting M.A. Cayless, 2012-08-21 This book is a comprehensive guide to the theory and practice of lighting. Covering the physics of light production, light sources, circuits and a wide variety of lighting applications, it is both suitable as a detailed textbook and as a thoroughly practical guide for practising lighting engineers. This fourth edition of *Lamps and Lighting* has been completely updated with new chapters on the latest lamp technology and applications. The editors have called upon a wide range of expertise and as a result many sections have been broadened to include both European and US practice. The book begins with a description of the fundamentals of light, vision, colour and measurement. Part II, the main section of the book, deals with lamps and control equipment and includes descriptions of all lamp types in use today. Part III on lighting covers both interior and exterior applications. **SASH Design Guide 1** Sports Council (Great Britain), 1986

Metric Handbook David Adler, 2007-06-07 Originally devised as a guide for converting from imperial to metric measurements, the *Metric Handbook* has since been totally transformed into a major international handbook of planning and design data. The second edition has been completely updated with most chapters being totally rewritten to meet the needs of the modern designer. The book contains nearly 50 chapters dealing with all the principal building types: from airports, factories and warehouses, offices, shops and hospitals to schools, religious buildings and libraries. For each building type, the *Metric Handbook* gives the basic design requirements and all the principal dimensional data. Several chapters deal with general aspects of building such as materials, lighting, acoustics and tropical design. There are also sections on general design data including details of human dimensions and space requirements. It is a unique authoritative reference for solving everyday planning problems. In its various editions, it has sold over 100 000 copies worldwide and continues to be a reference work belonging on every design office desk or drawing board. **Code for Lighting** Chartered Institution of Building Services Engineers, Society of Light and Lighting, 2002 The *Code for Lighting* has been revised and updated to include exterior lighting as well as interior lighting. The book takes into account new legislation such as the 2002 revision of Part L of the Building Regulations as well as new and forthcoming International and European Standards on lighting and ergonomics. It also reflects new initiatives on energy conservation in the UK. This book is primarily intended to provide guidance to those responsible for the design, installation, commissioning, operation and maintenance of building services. Fully updated to take account of the Building Regulations 2002 Part L revisions. Key reference tool for interior and exterior lighting. Illustrated in colour throughout. *Code for Lighting* Cibse, 2007-06 The *Code for Lighting* has been revised and updated to include exterior lighting as well as interior lighting. The book takes into account new legislation such as the 2002 revision of Part L of the Building Regulations as well as new and forthcoming International and European Standards on lighting and ergonomics. It also reflects new initiatives on energy conservation in the UK. This book is primarily intended to provide guidance to those responsible for the design, installation, commissioning, operation and maintenance of building services. **Cibse Lighting**

Guide Lg4: Sports Cibse Staff,1990-12 **Handbook on the Wiring Regulations** Electrical Contractors' Association (ECA),2008-04-15 This well established handbook written and sponsored by the Electrical Contractors Association and Select formerly the Electrical Contractors Association of Scotland provides a detailed authoritative guide to the Wiring Regulations BS 7671 Requirements for Electrical Installations As the regulations are not drafted by topic the handbook will be particularly useful in guiding designers installers inspectors and testers round the various requirements It gives practical guidance on how to approach new installations extensions to existing installations and the more extensive testing and inspection which are required The handbook has been revised to take account of amendments introduced by BS 7671 2001 effective from 1 January 2002 The most significant changes are chapter 13 rewritten to include three sections on protection for safety design and selection of electrical equipment a new chapter 44 on overvoltage protection a new chapter 48 on high fire risk situations revisions to the requirements on rooms containing a bath or shower new earthing requirements for the installation of equipment with high protective conductor outlets **Metric Handbook** David Littlefield,2012-09-10 Fully updated in reference to the latest construction standards and new building types Sustainable design fully integrated into each chapter Over 100 000 copies sold to successive generations of architects and designers this book truly belongs on every design office desk and drawing board The Metric Handbook is the major handbook of planning and design data for architects and architecture students Covering basic design data for all the major building types it is the ideal starting point for any project For each building type the book gives the basic design requirements and all the principal dimensional data and succinct guidance on how to use the information and what regulations the designer needs to be aware of As well as buildings the Metric Handbook deals with broader aspects of design such as materials acoustics and lighting and general design data on human dimensions and space requirements The Metric Handbook really is the unique reference for solving everyday planning problems About the Author David Littlefield is a senior lecturer at the University of the West of England where he teaches in the department of planning and architecture For many years he worked as a writer and journalist David has written co written or edited over ten books on architecture Customer reviews This book is a great investment as you will use it throughout your career as an architect I have found that this book is the Bible for all planners contains so much information that no designer or planner should be without a copy An essential reference book that should be on the shelf in any design studio **Metric Handbook** Pamela Buxton,2021-11-25 The Metric Handbook is the major handbook of planning and design data for architects and architecture students with over 100 000 copies sold to successive generations of architects and designers It remains the ideal starting point for any project and belongs in every design office The seventh edition references the latest regulations and construction standards and includes new chapters on data centres and logistics facilities alongside basic design data for all the major building types For each building type the book gives the basic design requirements and all the principal dimensional data and succinct guidance on how to use the information and what

regulations the designer needs to be aware of As well as buildings the Metric Handbook deals with broader aspects of design such as materials acoustics and lighting and general design data on human dimensions and space requirements The Metric Handbook is the unique reference for solving everyday planning problems **Daylighting** Peter Tregenza, Michael Wilson, 2013-01-11 This authoritative and multi disciplinary book provides architects lighting specialists and anyone else working daylight into design with all the tools needed to incorporate this most fundamental element of architecture It includes an overview of current practice of daylighting in architecture and urban planning a review of recent research on daylighting and what this means to the practitioner a global vision of architectural lighting which is linked to the climates of the world and which integrates view sunlight diffuse skylight and electric lighting up to date tools for design in practice delivery of information in a variety of ways for interdisciplinary readers graphics mathematics text photographs and in depth illustrations a clear structure eleven chapters covering different aspects of lighting a set of worksheets giving step by step examples of calculations and design procedures for use in practice and a collection of algorithms and equations for reference by specialists and software designers This book should trigger creative thought It recognizes that good lighting design needs both knowledge and imagination

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Table of Contents Cibse Lighting Guide 1

1. Understanding the eBook Cibse Lighting Guide 1
 - The Rise of Digital Reading Cibse Lighting Guide 1
 - Advantages of eBooks Over Traditional Books
2. Identifying Cibse Lighting Guide 1
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Cibse Lighting Guide 1
 - User-Friendly Interface
4. Exploring eBook Recommendations from Cibse Lighting Guide 1
 - Personalized Recommendations

- Cibse Lighting Guide 1 User Reviews and Ratings
- Cibse Lighting Guide 1 and Bestseller Lists
- 5. Accessing Cibse Lighting Guide 1 Free and Paid eBooks
 - Cibse Lighting Guide 1 Public Domain eBooks
 - Cibse Lighting Guide 1 eBook Subscription Services
 - Cibse Lighting Guide 1 Budget-Friendly Options
- 6. Navigating Cibse Lighting Guide 1 eBook Formats
 - ePub, PDF, MOBI, and More
 - Cibse Lighting Guide 1 Compatibility with Devices
 - Cibse Lighting Guide 1 Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Cibse Lighting Guide 1
 - Highlighting and Note-Taking Cibse Lighting Guide 1
 - Interactive Elements Cibse Lighting Guide 1
- 8. Staying Engaged with Cibse Lighting Guide 1
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Cibse Lighting Guide 1
- 9. Balancing eBooks and Physical Books Cibse Lighting Guide 1
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Cibse Lighting Guide 1
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Cibse Lighting Guide 1
 - Setting Reading Goals Cibse Lighting Guide 1
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Cibse Lighting Guide 1
 - Fact-Checking eBook Content of Cibse Lighting Guide 1

- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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