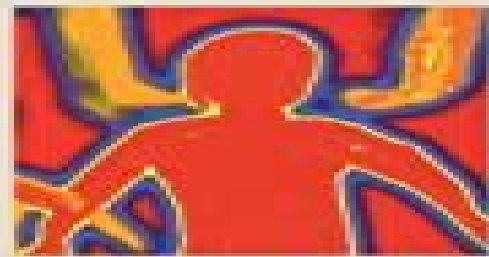
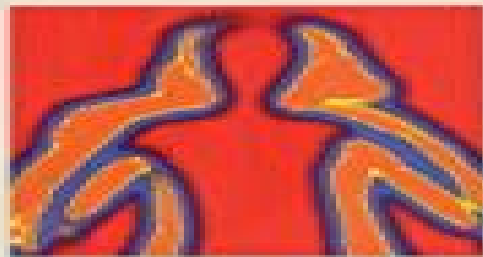


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Culture and Mental Health

*Sociocultural
Influences, Theory,
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Culture And Mental Health Sociocultural Influences Theory And Practice

Sussie Eshun, Regan A. R. Gurung



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describes the variety of cultural approaches to health practiced by people of varying cultural heritages and places them in stark context with traditional Western approaches to health care and medicine Examining health practices such as Ayurveda an ancient system of medicine that focuses on the body the sense organs the mind and the soul and traditional Chinese medicine TCM the author examines why these different approaches can explain some of the cultural variations in health behaviors differences in why people get sick and how they cope with illness Traditional health care providers of all kinds including clinicians counselors doctors nurses and social workers will all greatly benefit by learning about vastly different approaches to health while general readers and scholars alike will gain insight into the rich diversity of world culture and find the material fascinating *Seminars in General Adult Psychiatry* David Kingdon,Paul Rowlands,George

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Rafael F. Narváez,Leslie R. Malland,2019-01-04 This volume was first published by Inter Disciplinary Press in 2016 Concerns about the human body and soul and their relationship to the world around us are as old as Western Culture itself Beyond philosophy and theology these sorts of preoccupations have also marked the arts literature and poetry and to be sure they have influenced Western culture and have marked westerners imaginations and our everyday understanding of human nature This book considers various ways in which the body is and has been addressed and depicted over time and it is also a reflection on the ways in which the very spaces that we design and inhabit likewise reflect perceived ideas and misconceptions about the human body **Journal of International Students 2018 Vol 8 Issue 4** JIS Editors,2018-11-19

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