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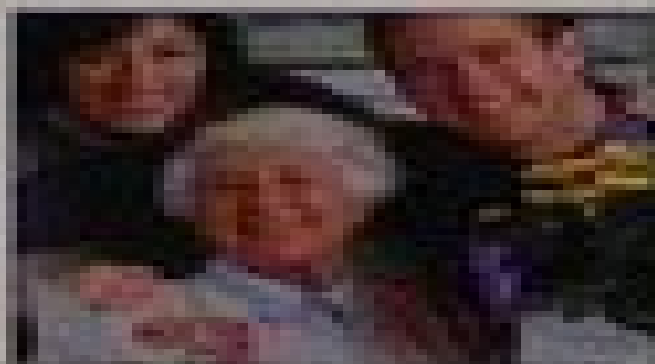
THE COMPLETE IDIOT'S GUIDE™ TO

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- Smart strategies for caring for your parents at home
- Warning signs of cancer, Alzheimer's, heart attacks, and strokes



This book is the paperback cover
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Linda Colvin Rhodes, Ed.D.

Complete Idiots Guide To Caring For Aging Parents

Janice L. Long



Complete Idiots Guide To Caring For Aging Parents:

The Everything Guide to Caring for Aging Parents Kathy Quan, 2009-01-17 There are a lot of issues to consider as our loved ones get older. From in-home care to assisted living facilities, there are myriad options available and each person's needs are unique. Family members need a resource that will answer all of their questions and ease them through this often complicated transition. This helpful handbook guides concerned children as they decide which level of care is best for their parent, maintain communication and discuss difficult topics, handle home safety issues, manage transportation, find and work with a primary care physician, navigate insurance paperwork, handle legal issues and questions, and other sensitive issues. From setting up a support network to avoiding scams, this informative guide will help a family decide on and implement the best care options for their loved ones.

The Essential Guide to Caring for Aging Parents Dr. Linda Rhodes, 2012-07-18 As the elderly live longer and health care becomes more complex and expensive, the personal and financial burden placed on families attempting to care for an aging parent is greater than ever. Dr. Linda Rhodes has decades of experience in assisting families to navigate this often treacherous road, and she has her own personal story to tell. This mix of professional wisdom and warm personal insight makes *The Essential Guide to Caring for Aging Parents* the perfect guide for anyone in need of an authoritative yet supportive voice to help an elderly parent not only live with dignity but thrive. Dr. Rhodes shares with readers loads of advice garnered from her years as the Secretary of Aging for the state of Pennsylvania, as well as her own personal story of dealing with her parents' situation often over long distances.

The Caring for Aging Parents Linda Colvin Rhodes, 2000-10 Offers advice on medical conditions, medical insurance, and prescription drug costs, nursing homes, and assisted living facilities, and resources available for assistance.

The Complete Idiot's Guide to Personal Finance in Your 40s and 50s Sarah Young Fisher, Susan Shelly, 2003-02-05 So you've got the basics of your personal finances under control at least you've controlled your credit card spending, purchased a house, started saving for retirement, but wait. Now that your kids are growing up and your career is moving along, you're facing a whole new set of personal finance challenges. College, weddings, your son or daughter's first car. How to manage these big expenses and still stay afloat. And how to deal with unexpected changes such as downsizing or a move. Help is here. *The Complete Idiot's Guide to Personal Finance in Your 40s and 50s* is the guide you need to everything from helping your kids get on their feet to buying a second home. Coverage includes: Assessing your own financial position in mid-life pluses and minus. Being a parent and a blank check: teaching your kids about money. Paying for cars, college, weddings, and other big parent expenses. Assessing and affording your second home, dream home, or vacation home. Keeping your finances in order during a job change for the better or worse. What to think about if you want to start your own business. Divorce and personal finance. Thinking of the future: wills, laws, aging parents, and more. The basics of investing in your 40s and 50s. Where to start or how to progress.

The Complete Idiot's Guide to Social Security Lita Epstein, 2002 Presents a history of Social Security in the United States and covers the basics of

collecting retirement benefits disability benefits Medicare medigap and privatization of Social Security Dying The Right Way Janice L. Long, 2010-07-02 Dying the Right Way is written for seniors families and caregivers Dying the Right Way prepares seniors and families for the time when caregiving is needed and offers a system for caregiving in the home for either family caregivers or for monitoring professional caregivers Dying the Right Way extends the caregiving experience to assist seniors in planning for the time when they might need care through the document preparation phase the search for a residential facility life support the dying experience funeral planning and settling of the estate The Complete Idiot's Guide to Social Security And Medicare, 2e Lita Epstein, 2006-06-06 Get it while you can Complex ever changing and controversial the future of our current system of Social Security and Medicare is uncertain This indispensable guide explains the proposed changes and current status of these important social programs Completely revised to incorporate changes to compensation scales and survivor benefits and with an expanded section on Medicare and the new drug programs this book is the most up to date overview of Social Security and Medicare currently available Revised and updated with the latest 2006 statistics on income scales and cost of living such Social Security Benefits as survivor benefits and disability payments tax codes and more Completely new chapters on Medicare the Medicare Drug Programs and the current political climate and proposed changes Completely revised section on resources **The Complete Idiot's Guide to Interpreting Your Dreams** Marci Pliskin, Shari L. Just, 2004-01-06 Explains how to remember dreams interpret recurring dreams recognize messages from the inner psyche and resolve painful incidents while dreaming with new sections on lucid dreaming spirit interpretation and creating an environment conducive to sleep and dreaming Original *Raising Moms* Rhonda Kelley, 2006 As our older generations live longer more and more adult women find themselves in caregiving roles for their mothers as well as their mothers in law What a wonderful opportunity to return on our parents investments in our own lives While this reversal of roles is a precious privilege it can often be an overwhelming challenge Daughters who desire to follow the biblical command to honor thy father and mother must do so while juggling responsibilities to husband children work church and self Raising Moms helps daughters to cope with the daily challenges of their role as caregiver and to rejoice in the lifelong blessings of the ones they are caring for Packed with practical tips generational information and help with emotional realities this book will help women and their mothers to find blessing in the later years The Complete Idiot's Guide to the Perfect Marriage Hilary Rich, Helaina Laks Kravitz, 2001 Discusses strategies for improving communication skills steps for dealing with times of transition and ways to cope with the daily hurdles found in marriage

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