

Gejala Emosional dan Perilaku pada Pengidap Anoreksia



Gejala Perilaku

Membatasi asupan makanan, berolahraga berlebihan, dan makan lalu memuntahkannya.

Gejala Emosional

Menghindari makan, rasa takut berlebihan mengalami peningkatan berat badan, dan cepat marah.

Cara Untuk Anorexia Nervosa

VM Jensen



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