

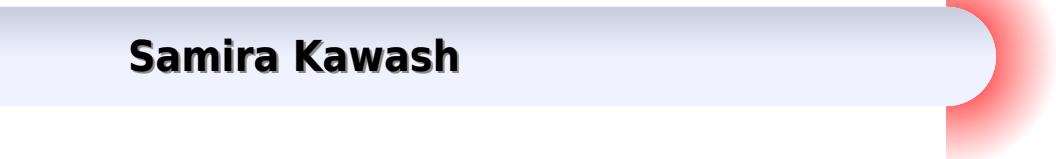
A CENTURY OF PANIC AND PLEASURE

candy

SAMIRA KAWASH

Candy A Century Of Panic And Pleasure

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Candy A Century Of Panic And Pleasure:

Candy Samira Kawash, 2013-10-15 A lively cultural history that explains how candy became more like food and food more like candy Candy Samira Kawash, 2013-10-15 For most Americans candy is an uneasy pleasure eaten with side helpings of guilt and worry Yet candy accounts for only 6 percent of the added sugar in the American diet And at least it s honest about what it is a processed food eaten for pleasure with no particular nutritional benefit So why is candy considered especially harmful when it s not so different from the other processed foods from sports bars to fruit snacks that line supermarket shelves How did our definitions of food and candy come to be so muddled And how did candy come to be the scapegoat for our fears about the dangers of food In *Candy A Century of Panic and Pleasure* Samira Kawash tells the fascinating story of how candy evolved from a luxury good to a cheap everyday snack After candy making was revolutionized in the early decades of mass production it was celebrated as a new kind of food for energy and enjoyment Riding the rise in snacking and exploiting early nutritional science candy was the first of the panoply of junk foods that would take over the American diet in the decades after the Second World War convenient and pleasurable for eating anytime or all the time And yet food reformers and moral crusaders have always attacked candy blaming it for poisoning alcoholism sexual depravity and fatal disease These charges have been disproven and forgotten but the mistrust of candy they produced has never diminished The anxiety and confusion that most Americans have about their diets today is a legacy of the tumultuous story of candy the most loved and loathed of processed foods *Candy* is an essential addictive read for anyone who loves lively cultural history who cares about food and who wouldn t mind feeling a bit better about eating a few jelly beans *The World of Sugar* Ulbe Bosma, 2023-05-09 A tour de force of global history Bosma has turned the humble sugar crystal into a mighty prism for understanding aspects of global history and the world in which we live Los Angeles Review of Books The definitive 2 500 year history of sugar and its human costs from its little known origins as a luxury good in Asia to worldwide environmental devastation and the obesity pandemic For most of history humans did without refined sugar After all it serves no necessary purpose in our diets and extracting it from plants takes hard work and ingenuity Granulated sugar was first produced in India around the sixth century BC yet for almost 2 500 years afterward sugar remained marginal in the diets of most people Then suddenly it was everywhere How did sugar find its way into almost all the food we eat fostering illness and ecological crisis along the way *The World of Sugar* begins with the earliest evidence of sugar production Through the Middle Ages traders brought small quantities of the precious white crystals to rajahs emperors and caliphs But after sugar crossed the Mediterranean to Europe where cane could not be cultivated demand spawned a brutal quest for supply European cravings were satisfied by enslaved labor two thirds of the 12 5 million Africans taken across the Atlantic were destined for sugar plantations By the twentieth century sugar was a major source of calories in diets across Europe and North America Sugar transformed life on every continent creating and destroying whole cultures through industrialization labor migration and

changes in diet Sugar made fortunes corrupted governments and shaped the policies of technocrats And it provoked freedom cries that rang with world changing consequences In Ulbe Bosma s definitive telling to understand sugar s past is to glimpse the origins of our own world of corn syrup and ethanol and begin to see the threat that a not so simple commodity poses to our bodies our environment and our communities [The Mediality of Sugar](#) ,2022-10-24 The Mediality of Sugar probes the potential of reading sugar as a mediator across some of the disciplinary distinctions in early twenty first century research in the arts literature architecture and popular culture Selected artistic practices and material cultures of sugar across Europe and the Americas from the sixteenth to the twenty first century are investigated and connected to the transcontinental and transoceanic history of the sugar plants cane and beet their botanical and cultural dissemination and global sugar capital and trade under colonialism and in decoloniality The collection contributes to the vision of a Transnational and Postdisciplinary Sugar Studies [The ^AOxford Companion to Sugar and Sweets](#) ,2015-04-01 The Oxford Companion to Sugar and Sweets is the most ambitious and eclectic reference work of its kind a sweeping collection of nearly 600 entries on all things sweet written by 265 expert contributors In addition to learning the history of candy the evolution of the dessert course and the production of chocolate readers will discover entries on sugar of lead lead acetate prescribed for stomach troubles in the nineteenth century and castoreum beaver extract beloved by the modern food industry for the sweet taste it imparts The sheer variety of entries in this compendium is astounding peruse its wondrous variety like a kid in a candy shop [First Bite](#) Bee Wilson,2015-12-01 We are not born knowing what to eat as omnivores it is something we each have to figure out for ourselves From childhood onward we learn how big a portion is and how sweet is too sweet We learn to enjoy green vegetables or not But how does this education happen What are the origins of taste In First Bite award winning food writer Bee Wilson draws on the latest research from food psychologists neuroscientists and nutritionists to reveal that our food habits are shaped by a whole host of factors family and culture memory and gender hunger and love Taking the reader on a journey across the globe Wilson introduces us to people who can only eat foods of a certain color prisoners of war whose deepest yearning is for Mom s apple pie a nine year old anosmia sufferer who has no memory of the flavor of her mother s cooking toddlers who will eat nothing but hotdogs and grilled cheese sandwiches and researchers and doctors who have pioneered new and effective ways to persuade children to try new vegetables Wilson examines why the Japanese eat so healthily whereas the vast majority of teenage boys in Kuwait have a weight problem and what these facts can tell Americans about how to eat better The way we learn to eat holds the key to why food has gone so disastrously wrong for so many people But Wilson also shows that both adults and children have immense potential for learning new healthy eating habits An exploration of the extraordinary and surprising origins of our tastes and eating habits First Bite also shows us how we can change our palates to lead healthier happier lives [Born in Cambridge](#) Karen Weintraub,Michael Kuchta,2022-05-03 Anne Bradstreet W E B Du Bois gene editing and Junior Mints cultural icons influential ideas and world changing innovations

from Cambridge Massachusetts Cambridge Massachusetts is a city of firsts the first college in the English colonies the first two way long distance call the first legal same sex marriage In 1632 Anne Bradstreet living in what is now Harvard Square wrote one of the first published poems in British North America and in 1959 Cambridge based Carter s Ink marketed the first yellow Hi liter W E B Du Bois Julia Child Yo Yo Ma and Noam Chomsky all lived or worked in Cambridge at various points in their lives Born in Cambridge tells these stories and many others chronicling cultural icons influential ideas and world changing innovations that all came from one city of modest size across the Charles River from Boston Nearly 200 illustrations connect stories to Cambridge locations Cambridge is famous for being home to MIT and Harvard and these institutions play a leading role in many of these stories the development of microwave radar the invention of napalm and Robert Lowell s poetry workshop for example But many have no academic connection including Junior Mints Mount Auburn Cemetery the first garden cemetery and the public radio show Car Talk It s clear that Cambridge has not only a genius for invention but also a genius for reinvention and authors Karen Weintraub and Michael Kuchta consider larger lessons from Cambridge s success stories about urbanism the roots of innovation and nurturing the next generation of good ideas

Comic Drunks, Crazy Cults, and Lovable Monsters David Scott Diffrient,2022-12-01 Contradictory to its core the sitcom an ostensibly conservative tranquilizing genre has a long track record in the United States of tackling controversial subjects with a fearlessness not often found in other types of programming But the sitcom also conceals as much as it reveals masking the rationale for socially deviant or deleterious behavior behind figures of ridicule whose motives are rarely disclosed fully over the course of a thirty minute episode Examining a broad range of network and cable TV shows across the history of the medium from classic working class comedies such as The Honeymooners All in the Family and Roseanne to several contemporary cult series animated programs and online hits that have yet to attract much scholarly attention this book explores the ways in which social imaginaries related to bad behavior have been humorously exploited over the years The repeated appearance of socially wayward figures on the small screen from raging alcoholics to brainwashed cult members to actual monsters who are merely exaggerated versions of our own inner demons has the dual effect of reducing complex individuals to recognizable types while neutralizing the presumed threats that they pose Such representations not only provide strangely comforting reminders that badness is a cultural construct but also prompt audiences to reflect on their own unspoken proclivities for antisocial behavior if only in passing

Visualizing Taste Ai Hisano,2019-11-19 Ai Hisano reveals how the food industry capitalized on color fashioning a visual vocabulary that shapes what we think of the food we eat Our perceptions of what food should look like have changed dramatically as scientists farmers food processors regulators and marketers established a new and highly engineered version of the natural

Sugar Andrew F. Smith,2015-04-15 It s no surprise that sugar has been on our minds for millennia First cultivated in New Guinea around 8 000 B C E this addictive sweetener has since come to dominate our appetites whether in candy desserts soft drinks or even pasta sauces for better

and for worse In this book Andrew F Smith offers a fascinating history of this simultaneously beloved and reviled ingredient holding its incredible value as a global commodity up against its darker legacies of slavery and widespread obesity As Smith demonstrates sugar s past is chockfull of determined adventurers relentless sugar barons and plantation owners who worked alongside plant breeders food processors distributors and politicians to build a business based on our cravings Exploring both the sugarcane and sugar beet industries he tells story after story of those who have made fortunes and those who have met demise all because of sugar s simple but profound hold on our palates Delightful and surprisingly action packed this book offers a layered and definitive tale of sugar and the many people who have been caught in its spell from barons to slaves from chefs to the countless among us born with that insatiable devil the sweet tooth

Candy A Century Of Panic And Pleasure Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the power of words has become more evident than ever. They have the ability to inspire, provoke, and ignite change. Such is the essence of the book **Candy A Century Of Panic And Pleasure**, a literary masterpiece that delves deep to the significance of words and their affect our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book's key themes, examine its writing style, and analyze its overall effect on readers.

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