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Cbt With Children Young People And Families

**Leam A. Craig, Louise Dixon, Theresa A.
Gannon**



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Cognitive Behaviour Therapy for Children and Families Philip Graham, Shirley Reynolds, 2013-03-14 Now firmly established as the standard text on the subject Cognitive Behaviour Therapy for Children and Families 3rd edition incorporates new and updated material on many topics not covered in previous editions including the use of low intensity treatment methods with families the use of new technologies to deliver cognitive behaviour therapy CBT the development of mindfulness techniques for children and the use of CBT with ethnic minority groups The international panel of contributors ensures the highly authoritative and relevant nature of the content making this text an invaluable source for all child and adolescent mental health professionals including psychologists psychiatrists mental health nurses family and individual psychotherapists paediatricians and general psychiatrists

Working with Children, Young People and Families Billie Oliver, Bob Pitt, 2011-05-16 This book is essential reading for anyone studying and working in the new integrated children s services The Children s Workforce Development Strategy sets out the basic skills and knowledge needed by people whose

work brings them into regular contact with children young people and their families Built around this Common Core of Skills and Knowledge and packed with case studies and reflective exercises this book helps students and practitioners understand the theory behind these issues and develop strategies for embedding them within their own practice **Low-Intensity Practice with Children, Young People and Families** Catherine Gallop, Peter Fonagy, Robert Kidney, 2023-09-13 This is the essential how to guide for low intensity mental health trainees practitioners and service supervisors who support children and young people with mild moderate anxiety depression and behavioural difficulties It provides a manual for practice covering assessment decision making and key interventions with step by step guidance case vignettes and accompanying worksheets to support each evidence based intervention It also offers guidance on key service implementation principles supervision and adaptations to practice It is an ideal resource for those in low intensity training practitioner or leadership roles looking to develop competency in the low intensity cognitive behavioural clinical method **A Clinician's Guide to CBT for Children to Young Adults** Paul Stallard, 2020-11-17 A powerful and insightful clinical resource for CBT practitioners who work with children and young adults The newly updated and thoroughly revised Second Edition of this companion to Think Good Feel Good and Thinking Good Feeling Better delivers guidance for clinicians using the author's seminal workbooks This companion work builds upon the workbook materials by offering readers instruction on all aspects of the therapeutic process and a wide range of case studies highlighting specific therapies in action A Clinician's Guide covers topics including parental involvement key cognitive distortions in children formulations challenging thoughts guided discovery and the use of imagery The author also includes a chapter focusing on common potential problems that arise in therapy and strategies to overcome them The book highlights the underlying philosophy process and core skills of employing CBT with children and young people Readers will appreciate the competency framework which describes the CORE philosophy PRECISE process and the ABCs of specific techniques The book also includes Additional materials and handouts for use in therapy including psycho educational materials for children and parents on common problems like depression OCD PTSD and anxiety Downloadable multi use worksheets for use in the clinician's therapeutic sessions Practical real world case examples that shed light on the techniques and strategies discussed in the book A systematic approach to the use of cognitive behavioural therapy to treat common psychological problems Perfect for professionals and trainees in child and adolescent mental health like psychiatrists clinical psychologists educational psychologists community psychiatric nurses and occupational therapists the book also belongs on the shelves of non mental health professionals including school nurses and social workers who regularly work with children in a therapeutic setting *CBT with Children, Young People & Families* Sandra Dunsmuir, Vicki Curry, 2013 A comprehensive introduction for CBT IAPT trainees and new practitioners this textbook demonstrates how and why CBT can work effectively for children young people in real world settings **Children and Young People's Mental Health** Tim McDougall, 2016-10-04 Children and Young People's Mental Health equips nurses and

healthcare professionals with the essential skills and competencies needed to deliver effective assessment treatment and support to children and young people with mental health problems and disorders and their families Drawing on McDougall's Child and Adolescent Mental Health Nursing and taking the Cavendish Report and Willis Commission into account this new textbook has been designed to ensure those working in CAMHS can continue to provide a high quality evidence based service The book explores best practice in a variety of settings and addresses issues such as eating disorders self harm ADHD forensic mental health issues and misuse of drugs and alcohol in children and young people as well as child protection clinical governance safeguarding and legal requirements Furthermore with young people contributing directly to several chapters the book reflects the importance of involving them in planning delivering and evaluating CAMHS services It is essential reading for all health and social care professionals and students working with children and young people particularly those working in specialist child and adolescent mental health settings

The Wiley Handbook of What Works in Correctional Rehabilitation Leam A. Craig, Louise Dixon, Theresa A. Gannon, 2024-09-05 Theory assessment and treatment strategies for offenders across forensic populations with practical examples and discussion of often overlooked cultural considerations The Wiley Handbook of What Works in the Rehabilitation of People Who Have Offended comprehensively outlines effective rehabilitation strategies for offenders while acknowledging the challenges in implementation and discussing ethical considerations potential biases and the need for ongoing evaluation The book introduces the current state of effective practices outlines up to date risk assessment processes for various crime types investigates effective treatments for diverse forensic populations explores treatments for those in prison and mental health settings and examines the often overlooked cultural factors influencing rehabilitation efforts This Second Edition expanded from 25 to 32 chapters has been written by leading researchers seasoned professionals and academics providing a wealth of expertise and diverse perspectives Each chapter offers a well researched and balanced review of existing literature laying a solid foundation for comprehending the effectiveness of various rehabilitation approaches Practical examples enhance the content's applicability emphasizing evidence based practices crucial for accountability and effectiveness in the criminal justice system Some of the sample topics discussed in The Wiley Handbook of What Works in the Rehabilitation of People Who Have Offended include Risk Need and Responsivity principles used in the assessment and triage of offenders and evidence for the Good Lives Model in supporting rehabilitation and desistance from offending Recidivism risk in people convicted of intimate partner violence and treatment of aggressive and problematic adjudicated youth in a secure psychiatric setting Treatment of persons convicted of sexual offenses in the community including online offending Strategies to prevent and reduce gang involvement and rehabilitation of intellectually disabled individuals who have harmful sexual behavior Offering a valuable evidence based coverage in the pursuit of effective rehabilitation strategies the Second Edition of The Wiley Handbook of What Works in the Rehabilitation of People Who Have Offended is an indispensable resource for anyone

involved in the criminal justice system including professionals policymakers researchers and students **Child and Adolescent Mental Health** Cathy Laver-Bradbury, Margaret J.J. Thompson, Christopher Gale, Christine M.

Hooper, 2021-05-12 This textbook provides an overview of child and adolescent mental health The text covers all core aspects on the subject from the importance of knowing why mental health in children is important to how to assess formulate and treat a variety of presentations seen in children and young people Beginning with an overview of conditions and the background to emotional and behavioural problems the book examines the different models and tools used to assess and treat children and young people and provides an outline of the practitioners working to help this population Chapters consider the many diverse identities and groups within the population addressing specific problems encountered in children young people and their families from different cultural backgrounds This revised edition addresses issues of current public debate such as gender identity and the role of social media in children s and young people s development and behaviour Featuring authors from a variety of clinical and research backgrounds this fully revised third edition is an important resource for all professionals working with children young people and their families including student and practitioner psychiatrists clinical psychologists mental health nurses and social care specialists

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