

DARE TO BE 1000

A LEADING EXPERT IN THE FIELD OF
HEALTH AND AGING OFFERS A POINT-
BY-POINT PROGRAM FOR LIVING LONG
AND ENJOYING LIFE TO ITS FULLEST



WALTER M. BORTZ II, M.D.

AUTHOR OF WE LIVE TOO SHORT AND DIE TOO LONG

Dare To Be 100 99 Steps To A Long Healthy Life

Peipei Pang



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Rosie's Daughters Matilda Butler,Kendra Bonnett,2007 Meet Rosie s Daughters in this collective memoir of American women born during World War II precursors of the Baby Boom generation Their stories will inform entertain and surprise you In these in depth interviews they are declaring their place in history

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The Publishers Weekly ,1996

Subject Guide to Books in Print ,1996

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Working Mother ,2002-10

The magazine that helps career moms balance their personal and professional lives **Australian Parks and Leisure**
,1998 The Advocate ,2001-08-14 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine
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