



THE
IMPERIAL
AFRICAN
COOKERY BOOK

Recipes from English-speaking Africa

WILL SELICK

**By Will Sellick Imperial African Cookery Recipes From
English Speaking Africa Paperback**

James C. McCann



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The Imperial African Cookery Book Will Sellick, 2010 After 350 years of settlement British African cookery heritage draws on a creative mix of Tudor spices Indian feasting Malaysian gastronomy Victorian gentlemen's club dinners and Boer survival rations Across the snow capped mountains of Uganda to arid northern Nigeria from the golden beaches of South Africa to the humid rain forests of Zambia European communities in English speaking Africa developed a distinctive and delicious cuisine Engaging memories and exclusive contributions from distinguished Africans including Dr Mangosuthu Buthelezi Peter Hain MP Lord Joffe Prue Leith Matthew Parris and Archbishop John Sentamu bring life to over 180 traditional recipes Including a treasury of vintage illustrations and original advertisements from the region this book provides the first comprehensive overview of the unique cookery tradition of British Africa Africa Toyin Falola, Daniel Jean-Jacques, 2015-12-14 These volumes offer a one stop resource for researching the lives customs and cultures of Africa's nations and peoples Unparalleled in its coverage of contemporary customs in all of Africa this multivolume set is perfect for both high school and public library shelves The three volume encyclopedia will provide readers with an overview of contemporary customs and life in North Africa and sub Saharan Africa through discussions of key concepts and topics that touch everyday life among the nations peoples While this encyclopedia places emphasis on the customs and cultural practices of each state history politics and economics are also addressed Because entries average 14 000 to 15 000 words each contributors are able to expound more extensively on each country than in similar encyclopedic works with shorter entries As a result readers will gain a more complete understanding of what life is like in Africa's 54 nations and territories and will be better able to draw cross cultural comparisons based on their reading **The Biscuit** Lizzie Collingham, 2020-10-29 Bourbons Custard Creams Rich Tea Jammie Dodgers Chocolate Digestives Shortbread Ginger snaps Which is your favourite British people eat more biscuits than any other nation they are as embedded in our culture as fish and chips or the Sunday roast We follow the humble biscuit's transformation from durable staple for sailors explorers and colonists to sweet luxury for the middling classes to comfort food for an entire nation Like an assorted tin of biscuits this charming and beautifully illustrated book has something to offer for everyone combining recipes for hardtack and macaroons Shrewsbury biscuits and Garibaldis with entertaining and eye opening vignettes of social history African Recipes Salena Hoffman, 1989 Flavors of Africa Cookbook Dave Wilan DeWitt (Mary Jane; Stock, Melissa), 1998 Flavors of African cooking from indigenous recipes to those influenced by Asian and European settlers The People of Africa and Their Food Ann Burckhardt, 1996 Describes different foods from the African continent **A West African Cookbook** Ellen Gibson Wilson, 1971 **A West African Cookbook** Ellen Gibson Wilson, 1971 **Stirring the Pot** James C. McCann, 2009-10-31 Africa's art of cooking is a key part of its history All too often Africa is associated with famine but in *Stirring the Pot* James C. McCann describes how the ingredients the practices and the varied tastes of African cuisine comprise a body of historically gendered knowledge

practiced and perfected in households across diverse human and ecological landscape McCann reveals how tastes and culinary practices are integral to the understanding of history and more generally to the new literature on food as social history *Stirring the Pot* offers a chronology of African cuisine beginning in the sixteenth century and continuing from Africa's original edible endowments to its globalization McCann traces cooks' use of new crops, spices and tastes including New World imports like maize, hot peppers, cassava, potatoes, tomatoes and peanuts as well as plantain, sugarcane, spices, Asian rice and other ingredients from the Indian Ocean world He analyzes recipes not as fixed, ahistorical documents but as lively and living records of historical change in women's knowledge and farmers' experiments A final chapter describes in sensuous detail the direct connections of African cooking to New Orleans jambalaya, Cuban rice and beans and the cooking of African Americans' soul food *Stirring the Pot* breaks new ground and makes clear the relationship between food and the culture, history and national identity of Africans

Recipes Laurens Van der Post, Linda Wolfe, 1970

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