CRISIS AT ADOLESCENCE

Object Relations Therapy with the Family



Edited by Sally Box with Beta Copley, Jeanne Magagna, & Errica Moustaki Smilansky

Crisis At Adolescence Object Relations Therapy

Jill Savege Scharff, David E. Scharff, M.D.

Crisis At Adolescence Object Relations Therapy:

Crisis at Adolescence Sally Box, 1994 There is the danger of severe fragmentation but at the same time a chance to reintegrate the unmanageable aspects rather than deal with them via projection and acting out However the only way this can happen is if those split off feelings and functions can be contained and integrated at a feeling level as well as at a verbal Object Relations Couple Therapy David E. Scharff, Jill Savege Scharff, 2000-04-01 In this landmark book David Scharff and Jill Savege Scharff both psychoanalysts develop a way of thinking about and working with the couple as a small group of two held together as a tightly knit system by a commitment that is powerfully reinforced by the bond of mutual Object Relations Individual Therapy Jill Savege Scharff, David E. Scharff, M.D., 2000-12-01 Emphasizing the transformational possibilities that grow out of their relational model of therapy David E and Jill Savege Scharff invite us into the territory of interactive journeys with individual patients A contemporary classic Object Relations Theory and Practice David E. Scharff, 1996 Object relations theory has caused a fundamental reorientation of psychodynamic thought In Object Relations Theory and Practice Dr David E Scharff acclimates readers to the language and culture of this therapeutic perspective and provides carefully selected excerpts from seminal theorists as well as explanations of their thinking and clinical experience He offers readers an unparalleled resource for understanding object relations psychotherapy and theory and applying it to the practice of psychotherapy and psychoanalysis. The book s sequence establishes the centrality of relationships in this theory the internalization of experience with parents splitting projective identification the role of the relationship between mother and young child in development and transference and countertransference in the therapeutic action of psychoanalysis and psychotherapy This book will introduce students to the basics to the widening scope of object relations theory and to its application to psychoanalysis and individual group and family psychotherapy Love and Hate in the Analytic Setting Glen O. Gabbard, 2000-04-01 Passionate feelings of love and hate are stirred in psychotherapy Paradoxically these passions may either undermine the therapist catastrophically or serve as the crucible in which profound understanding is forged Transferences and countertransferences of love and hate occur on a spectrum that includes unobjectionable negative and positive feelings relatively benign forms of love and hate and more malignant intractable versions of love and hate that present formidable challenges to the therapist Each of these variations is explored in different chapters of this book Gender configurations gender fluidity adolescent transferences the link between love and lust and passive forms of hating are among the topics discussed Most of all the author noted psychoanalyst Glen Gabbard depicts what it is like to be in the eye of the hurricane when passions are aroused He provides a practical yet theoretically sophisticated guide to the management of love and hate as they are experienced by both patient and therapist Repairina *Intimacy* Judith Siegel, 1995-12-01 Couples therapy is greatly enhanced when both the intrapsychic and interpersonal realms can be utilized Object relations theory allows linkages between the spouses subjective realities and their relationship in a

way that allows the two worlds to be mutually informing In Repairing Intimacy the theories of the American object relations theorists are applied to couple dynamics The representational world is used to explain how primitive defense mechanisms and other intrapsychic phenomena contribute to marital conflict The structure function and content of the representational world all contribute to spousal expectations and the couple's capacity for intimacy Esteem soothing and the propensity of splitting strongly affect the ways in which spouses interact Projective identifications similarly provide explanations of the couple s interaction internalized conflicts and relationships with earlier objects This book explains how object relations concepts can be used in assessment and in planning treatment goals Treatment can provide stability or help the couple relate to each other with deepened understanding Object relations dynamics can help therapists assess which treatment objectives and goals are most applicable to the couples they treat The beginning and middle phases of couples treatment are given special consideration and include issues such as assessing the couple's commitment to each other and the importance of empathic listening Other treatment topics include analysis of projective identification and the use of countertransference Planned and unplanned terminations are also explored In each treatment section case material is provided to explicate the therapist's role The book also examines common therapy issues from an object relations perspective. These include the consequences and advantages of conjoint concurrent and collateral treatment approaches Consideration is also given to the choice of focusing on the couple when the initial presenting problem is the family or an individual Individual psychotherapy and family therapy can no longer be viewed as competing and disparate treatment approaches This book creates an integrated approach so that couples can be understood in their totality A Jason Aronson Book Containing Rage, Terror and Despair Jeffrey Seinfeld,1996-02-01 This ebook is now available from Bloomsbury Academic Bloomsbury Academic publish acclaimed resources for undergraduate and postgraduate courses as well as the general reader across a broad range of subjects including Archaeology Art Visual Culture Biblical Studies Business Management Drama Performance Studies Economics Education Film Media History Linguistics Literary Studies Music Sound Studies Philosophy Politics International Relations Psychology Religious Studies Social Work Social Welfare Sociology Study Skills Theology and Wellbeing Health Cruelty, Violence, and Murder Arthur Hyatt-Williams, 1998 Convicted Lifestyle Visit bloomsbury com for more information murderers their death sentences commuted to life in prison when England abolished the death penalty are some of the subjects of this psychological study of what makes people kill Psychiatrist Arthur Hyatt Williams worked for many years in long term psychotherapy with these murderers and others who tried to kill or were troubled by thoughts of killing The result an investigation into the depths of the criminal mind and the line that separates those who kill from those who only think about killing or those who only injure themselves Object Relations Therapy of Physical and Sexual Trauma Jill Savege Scharff, David E. Scharff, 1994 Rising above the polemics surrounding sexual and physical abuse David and Jill Savege Scharff bring a relational perspective to the integration of psychoanalytic and trauma theories in order to understand the

effects of overwhelming physical or psychological trauma including sexual abuse injury and birth defect The Scharffs draw from their object relations therapy with individuals families and couples recovering from trauma an abundance of relevant clinical examples described in their characteristically personal and vivid style Their treatment approach influenced by Fairbairn Klein and Winnicott is respectful of the patient's experience They advise avoiding premature interpretations that impose their own reality on patients because this traumatizes them just as their abuser did In order to work well with these traumatized people the clinician must be able to tolerate ambiguity and sustain longterm therapy for it takes the patience of waiting and wondering to recover deeply repressed memories explore them thoroughly and evaluate their meaning and importance for the patient The Scharffs demonstration of clinical processes helps therapists contain their own countertransference to trauma so as to be fully present with their clients and consistently able to confront abuse patterns in society The object relations approach not only deals with trauma s impact on the individual but views it in its cultural and interpersonal context as well Society alternately emphasizes and ignores trauma so that an encapsulated traumatic experience festers until the next eruption just as dissociative defenses segmentally protect and exaggerate traumatic experience in the individual case The Scharffs review Kramer's Mahlerian approach McDougall's insights into the silence of the psyche and the words of the soma and Anzieu s elaboration of the body ego They resuscitate Freud s seduction hypothesis and the traumatic basis of the repetition compulsion They compare and contrast the concepts of repression and dissociation Moving from there to develop an object relations perspective they draw on Winnicott's concepts of the psychosomatic partnership the environmental and object mothers and the potential space Klein's contributions of the infusion of aggression and death anxiety into developmentally critical relationships Fairbairn's view of the endopsychic situation with reference to his early unpublished papers on childhood sexual abuse that presage his later theory building and their own studies of couple and family dynamics Classical psychoanalysis introduced theories of trauma but later devoted itself to the study of infantile trauma that caused conflict based neurosis rather than actual neurosis Modern trauma theory on dissociative phenomena and post traumatic stress disorder studied after combat the Holocaust and natural disasters comes from the fields of veteran and child developmental psychiatry hypnotism and multiple personality research Trauma theory and psychoanalysis have been on separate tracks Object relations theory offers a bridge between individual and societal experiences of trauma and prepares the way for a less dissociated response to trauma issues among the mental health professions and their psychotherapy literature

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