# THE CHEMISTRY OF ICE CREAM

#### Flavors and Colors





While natural ice cream has a number of compounds, deeper flavor is accomplished through artificial flavoring. Vanilla flavoring is simply Vanillin, while other flavor compounds can be much more complex. Anthocyanins are used to color strawberry ice cream.

# Fats and Proteins

The fat in ice cream is what makes it creamy!

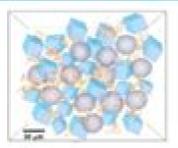
The proteins in milk form a membrane around the fat droplets, making it hard for them to come in contact with eachother.

When ice cream is made, some of the fat in the droplets solidifies. This causes fat heedles' to form, which helps droplets cluster and creates air bubbles.

(Triglyceride)

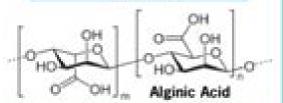


#### The Structure



Beating and aeration occur at the same time, creating small air bubbles (stabilized by de-emulsified fat.) Air makes up 30 - 50% of ice cream's volume. During freezing, water becomes ice crystals.

#### Stabilisen



Stabilizers are carefully added to ice cream.

This prevents ice cream from melting too quickly, provides a smoother texture, and increases the viscosity of the liquid phase of the ice cream.

# **Chemistry Lab How To Make Ice Cream**

Eugene LeMay, Jr., Herbert Beall, Karen M. Robblee, Douglas C. Brower, Prentice-Hall Staff

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