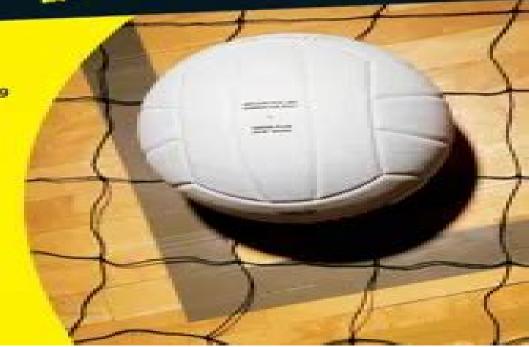
Coaching Volleyball

DUMMIES

Learn to:

- Teach essential volleyball skills to young players
- Understand the sport's rules
- Get the most out of your practices
- Lead your team effectively during a game

The National Alliance for Youth Sports with Greg Bach



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The National Alliance For Youth Sports

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good sportsmanship and leading your team with confidence during a match The Coaching Volleyball Beginners Jimmy Czimek, Athanasios Papageorgiou, 2020 Coaching Volleyball Beginners is a step by step guide for coaches that helps them teach youth beginner players how to play volleyball With the various games the coach can keep practice interesting for the players as they develop basic playing skills The book includes ideas for easy introductory mini volleyball games for young players ages 6 10 These games are both entertaining and instructive teaching the young players the volleyball basics Next the book explains how to use small group games such as 6 vs 6 to teach more advanced volleyball methods and skills to older players ages 13 and up The various drills and games are explained in detail often with accompanying photos and illustrations so coaches of any level from beginner to more advanced players can easily implement them into practice sessions A short introduction to beach volleyball is also included to round out the information making this a book all youth volleyball coaches need on their shelves Coaching Volleyball Successfully Sally Kus, 2004 Coaching Volleyball Successfully provides everything a volleyball coach needs to build and coach a successful team from underlying philosophy to game specific preparation and tactics Volleyball Book for Dummies: How to Learn Volleyball Skills and Drills in 90 Minutes and Achieve Your Volleyball Dreams! Kevin Durant, 2018-09-17 Behavioral Economics For Dummies Morris Altman, 2012-03-05 A guide to the study of how and why you really make financial decisions While classical economics is based on the notion that people act with rational self interest many key money decisions like splurging on an expensive watch can seem far from rational The field of behavioral economics sheds light on the many subtle and not so subtle factors that contribute to our financial and purchasing choices And in Behavioral Economics For Dummies readers will learn how social and psychological factors such as instinctual behavior patterns social pressure and mental framing can dramatically affect our day to day decision making and financial choices Based on psychology and rooted in real world examples Behavioral Economics For Dummies offers the sort of insights designed to help investors avoid impulsive mistakes companies understand the mechanisms behind individual choices and governments and nonprofits make public decisions A friendly introduction to the study of how and why people really make financial decisions. The author is a professor of behavioral and institutional economics at Victoria University An essential component to improving your financial decision making and even to understanding current events Behavioral Economics For Dummies is important for just about anyone who has a bank account and is interested in why and when they spend money Emotionally Focused Couple Therapy For Dummies Brent Bradley, James Furrow, 2013-07-15 A practical down to earth guide to using the world's most successful approach to couple therapy One of the most successful therapeutic approaches to healing dysfunctional relationships emotionally focused couple therapy provides clients with powerful insights into how and why they may be suppressing their emotions and teaches them practical ways to deal with those feelings more constructively for improved relationships Unlike cognitive behavioural therapy which provides effective short term coping skills emotionally focused therapy often is prescribed as a second stage

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