

Daughters of DISTANCE



**VANESSA
RUNS**

Daughters Of Distance

**Thomas M. Gehring, Marianne
Debry, Peter K. Smith**



Daughters Of Distance:

Daughters of Distance Vanessa Runs,2015 What does it mean to be a female in endurance sport Hundreds of women open up about their realities as athletes wives girlfriends and mothers From the intimacy of the bedroom to the community of competition some of these stories will encourage and uplift Others will surprise and infuriate Welcome to the beautiful and complicated world of strong women **Bulletin** ,1929 *Family Ties* John R. Logan,John Logan,2010-06-30 A challenging look at the way relationships between parents and their adult children remain strong in the midst of social change

Mothers and Daughters Suzanne Degges-White,Christine Borzumato-Gainey,2014-01-16 In addition to the simple physiological and genetic bond that connects parents to their children there is also a deeply rooted and often conflicting emotional bond that develops between mothers and daughters The culture of motherhood has dramatically re shaped itself over the past few decades as economics and politics have shifted in this nation Single parenting is no longer the cultural taboo it once was perceived to be Daughters and mothers are frequently spending a greater number of years under one roof as both emerging adults face financial challenges in trying to launch from the nest and older adults are living longer and often being cared for by daughters Making sense of these relationships can be challenging and upsetting rewarding and fulfilling all at once Here the authors discuss the roles of mother and daughter and how they have changed and continue to grow and present the stories of women from all walks of life and from different age groups to illustrate what being a mother and being a daughter really means to women in their everyday lives They guide readers to a better understanding of their relationships on a personal level even as they describe the evolving nature of contemporary mother daughter dynamics By providing women with a book that candidly explores the myriad paths and depths to which the mother daughter relationship might wind the authors help readers smooth over the difficulties and power struggles they may be experiencing with their mothers or their daughters or both For Mothers of Difficult Daughters Charney Herst,2011-08-17 The first mother daughter book for mothers featuring a new Afterword and a Reading Group Discussion Guide Do you long for a better relationship with your daughter Do you occasionally feel as though you have failed as a mother Do you blame yourself because your relationship with your daughter is strained faltering or nonexistent Do you feel that the relationship is unchangeable and that there is no chance that it could become a nurturing and deeply satisfying friendship Dr Charney Herst knows that there is always more than one side to a story and in her book For Mothers of Difficult Daughters she uses her twenty five years of experience as counselor and group therapist to provide mothers with solutions that work In the book she first helps you understand your particular relationship with your grown daughter untangling the complex web of personal history and intense emotion inherent in any mother daughter relationship Then she describes practical successful mother tested steps you can take to repair this all important bond **The Family Systems Test (FAST)** Thomas M. Gehring,Marianne Debry,Peter K. Smith,2013-02-01 The Family System Test FAST developed by Thomas M Gehring is an

important new tool for investigating family relations Based on the structural systemic theory of families it is a figural technique for representing emotional bonds cohesion and hierarchical structures in the family or similar social systems In this unique volume the editors draw on current theory and research in family or similar social systems together with a variety of empirical studies that have used the FAST to provide a comprehensive overview and assessment of the test and its use in various clinical research contexts The book is divided into four sections each focusing on a different aspect of the FAST Part 1 describes the concepts and psychometric properties of the FAST within the context of theoretically and empirically relevant aspects of the field of family psychology as a whole Special emphasis is given to systematic structural approaches to assessing individual and family functioning Part II focuses on the use of the FAST in developmental research For example the the FAST has been used to show how family constructs are influenced by age type of family and situation Part III deals with cross cultural issues and compares the interpersonal constructs of Japanese and Chinese families to Western families Finally Part IV addresses the applications of the FAST in clinical setting in diagnosis of biopsychosocial problems and planning and evaluation of clinical interventions The result is a book that helps to bridge the gap between theory practice and research It will be essential reading for users of the FAST and all clinicians and researchers who work in family relations and development

Trusting Ourselves Karen Johnson,1991 Definitive and comprehensive Trusting Ourselves is the only book to cover every aspect of psychology as it applies to women This groundbreaking work will empower its readers to understand and make decisions about their psychological well being and treatment in much the same way Our Bodies Ourselves redefined women s health care In a radical reversal of the usual approach to psychological care which assumes that only the professional understands the problem Johnson strongly believes that women and their values perspectives and biases have merit and that most patients understand why they re not happy with their lives Trusting this self knowledge and taking action on one s own behalf provide a foundation for all the information in this book It is time to revise psychotherapy to incorporate a woman s perspective

Too Close for Comfort? Linda Perlman Gordon,Susan Shaffer,2009-09-01 A fascinating look at how mothers and their adult daughters have formed a greater friendship than generations past and whether or not their should be boundaries No relationship is more complicated than the one between mothers and daughters especially today when a cultural shift can cause a longer period of time of overlapping interests before the traditional adult markers of marriage and family As a result these young women are developing deeper bonds with their own mothers a relationship that sometimes mimics friendship But are these close bonds healthy Is it time to cut the umbilical cord In this eye opening book Linda Perlman Gordon and Susan Morris Shaffer explore the modern mother daughter relationship in all its glorious complexity Combining a brilliant sociological analysis with fascinating stories of real life women Too Close for Comfort provides a rich provocative look at the ways mothers and daughters get it right how they get it wrong and how they can happily maintain being friends as well as mothers and daughters

Mothers and Daughters Roxanne Marie Anderson,1982

Mothers-in-Law and Daughters-in-Law Deborah M. Merrill, 2007-09-30 We all know have perhaps told a few stories about mothers in law and daughters in law It seems the stories are nearly always about relationships filled with conflict and abrasive words or actions But why is this relationship so difficult And is it always as bad as popular belief would have us think Deborah Merrill a woman s advocate and Sociology professor at one of our nation s top universities has been studying the relationship for nearly a decade and in this book explains where the difficulty is rooted how friendly pairs have made it past problems that surface between a man s mother and his wife and how they became friends Dozens of interviews with pairs of women made in laws by marriage illustrate Merrill s points from harmful ideas and actions to helpful approaches At its core this book holds that marriage requires the creation of a new and separate family which requires changes in roles as well as a redefinition of relationships Hence family boundaries need to be made permeable to allow for integration of the daughter in law and to allow the son to create his own separate and autonomous family Family members need to be aware of and prepare for this says Merrill That of course may be easier said than done But dozens of women who have become friends with their in laws some so much so that they drop the in law and just call each other mother and daughter explain how they got past the old popular notions and social structure to create goodwill and grow stronger families

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Daughters Of Distance Introduction

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