

Restaurants & Recipes from Western North Carolina

John E. Batchelor

Chefs of the Mountains John Batchelor, 2012-10 Profiles of 40 well established and up and coming chefs from the Chefs of the Mountains John Batchelor, 2012 Profiles of 40 well established and up and coming chefs mountains of NC The North Carolina Historical Review ,2013 North Carolina's Historic Restaurants from the mountains of NC and Their Recipes Dawn O'Brien, 1989-10 Each guide focuses on 50 restaurants that are housed in buildings at least 50 years old In addition to a description of the restaurant's building decor and cuisine each entry includes 2 3 recipes from that The Food We Eat, the Stories We Tell Elizabeth S. D. Engelhardt, Lora E. Smith, 2019-11-05 Blue Ridge tacos kimchi with soup beans and cornbread family stories hiding in cookbook marginalia African American mountain gardens this wide ranging anthology considers all these and more Diverse contributors show us that contemporary Appalachian tables and the stories they hold offer new ways into understanding past present and future American food practices The poets scholars fiction writers journalists and food professionals in these pages show us that what we eat gives a beautifully full picture of Appalachia where it s been and where it s going Contributors Courtney Balestier Jessie Blackburn Karida L Brown Danille Elise Christensen Annette Saunooke Clapsaddle Michael Croley Elizabeth S D Engelhardt Robert Gipe Suronda Gonzalez Emily Hilliard Rebecca Gayle Howell Abigail Huggins Erica Abrams Locklear Ronni Lundy George Ella Lyon Jeff Mann Daniel S Margolies William Schumann Lora E Smith Emily Wallace Crystal Wilkinson Carolina: With Great Smoky Mountains National Park Jason Frye, 2023-03-07 From the Outer Banks to Asheville discover the best of the Tar Heel State with Moon North Carolina Inside you ll find Flexible itineraries including scenic drives along the Blue Ridge Parkway four days in the Great Smoky Mountains and a five day coastal getaway Strategic advice designed for hikers beach goers foodies wildlife watchers and more The top local experiences Explore the gardens of the Biltmore Estate check out the art museum in Raleigh or kick back with a craft beer at an outdoor concert in Wilmington Escape to the Outer Banks for a glimpse of wild horses historic lighthouses and remote islands Tap your foot to live bluegrass and dig into famous North Carolina barbecue Outdoor activities Hike to waterfalls or challenge yourself to climb the highest peaks in Great Smoky Mountains National Park Kayak around Kitty Hawk whitewater raft in the wild Nantahala River Gorge go hang gliding or spend a day fly fishing Expert tips from North Carolina local Jason Frye on when to go how to get around and where to stay from rugged campgrounds to historic inns and beachside B Bs Full color photos and detailed maps throughout Thorough background on the landscape climate wildlife and local culture With Moon North Carolina's expert advice and local insight you can find your adventure Focusing on the mountains Check out Moon Asheville the Great Smoky Mountains Can t get enough of the beach Try Moon North Carolina Coast About Moon Travel Guides Moon was founded in 1973 to empower independent active and conscious travel We prioritize local businesses outdoor recreation and traveling strategically and sustainably Moon Travel Guides are written by local expert authors with great stories to tell and they can t wait to share their favorite places with you For more inspiration follow moonguides on social media *Chefs of the Coast* John E. Batchelor, 2015 Profiles of 50 well established and up and coming chefs from the coast of NC **New Blue Ridge** Cookbook Elizabeth Wiegand, 2010-04-23 America's legendary Blue Ridge Mountain region is known for its rich history and culture and not least its traditional cuisine But much of what s cooking there is new including a thriving Farm to Table movement and increasingly established Slow Food communities Such movements philosophies caring about where food comes from how it is grown and how it is prepared have transformed the culinary scene for newcomers and old timers alike The region is thus ripe for The New Blue Ridge Cookbook which takes a fresh look at local seasonal foods and honors efforts of sustainability as well as the area's rich culinary history With some 100 recipes showcasing such traditional foods as apples candy roasters and ramps the book presents new approaches by chefs farmers and others in the know while also sharing amusing anecdotes and culinary traditions as well as information about the region s artisanal food products and local beers Gourmet Pearl Violette Metzelthin, Ruth Reichl, 2002 and wines Edible North Carolina Marcie Cohen Ferris, Katherine Hysmith, 2022-03-10 Marcie Cohen Ferris gathers a constellation of leading journalists farmers chefs entrepreneurs scholars and food activists along with photographer Baxter Miller to offer a deeply immersive portrait of North Carolina's contemporary food landscape Ranging from manifesto to elegy Edible North Carolina's essays photographs interviews and recipes combine for a beautifully revealing journey across the lands and waters of a state that exemplifies the complexities of American food and identity While North Carolina's food heritage is grounded in core ingredients and the proximity of farm to table this book reveals striking differences among food centered cultures and businesses across the state Documenting disparities among people s access to food and farmland and highlighting community and state efforts toward fundamental solutions Edible North Carolina shows how culinary excellence entrepreneurship and the struggle for racial justice converge in shaping food equity not only for North Carolinians but for all Americans Starting with Vivian Howard star of PBS s A Chef s Life who wrote the foreword the contributors include Shorlette Ammons Karen Amspacher Victoria Bouloubasis Katy Clune Gabe Cumming Marcie Cohen Ferris Sandra Gutierrez Tom Hanchett Michelle King Cheetie Kumar Courtney Lewis Malinda Maynor Lowery Ronni Lundy Keia Mastrianni April McGreger Baxter Miller Ricky Moore Carla Norwood Kathleen Purvis Andrea Reusing Bill Smith Maia Surdam and Andrea Weigl

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