

SKIN CARE CHART

THE VISUAL SKIN CARE TOOL™

SKIN ANALYSIS

1. Consultation.
2. Examine the condition of the skin.
3. Determine type and condition.
4. Cleanse.
5. Analyze with magnifying lamp.
6. Determine treatment and record client information.

Skin Type	Analysis	May Appear
Dry	Pores are small or barely visible.	Dry, dull, tight and flaky.
Normal	Pores are medium in t-zone, smaller around edges.	Smooth, even texture, healthy color, not prone to break outs.
Combination	Slightly larger pores and oilier t-zone and dryer cheeks.	Oily and dry areas, with occasional breakouts.
Oily	• Large pores. • Extra shiny t-zone.	Oily skin is coarse prone to breakouts.
Sensitive Skin	Easily irritated by environment, products or stimulation.	Dry, tight, red, blotchy or itchy patches.

BASIC FACIAL PROCEDURES

BASIC FACIAL PROCEDURES

1. Consultation.
2. Cleanse.
3. Analyze.
4. Exfoliate.
5. Use steamer or steamed towels.
6. Extractions.
7. Massage.
8. Masks or peels.
9. Toner.
10. Moisturize.

Equipment Sanitation: Wash hands, clean and sanitize all implements and equipment after each client.

DIAGRAM OF SKIN AND HAIR FOLLICLE

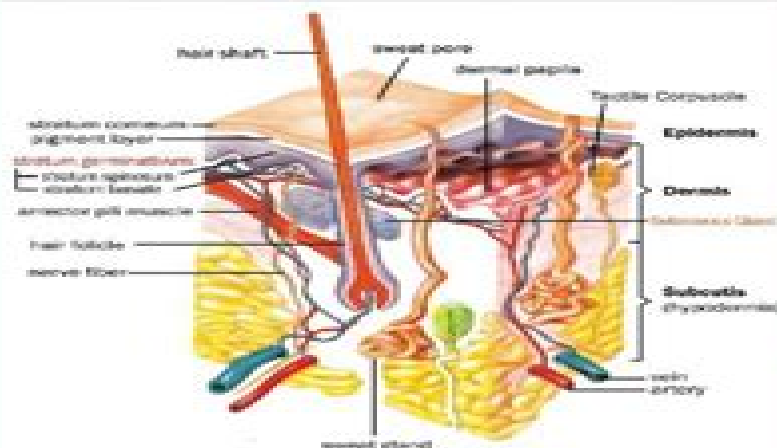
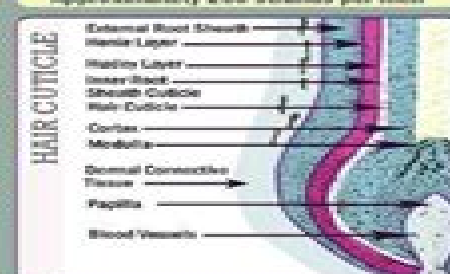
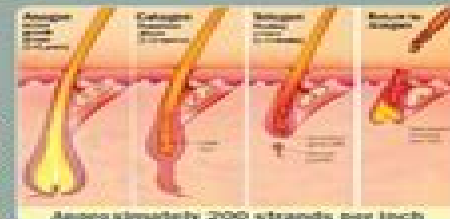
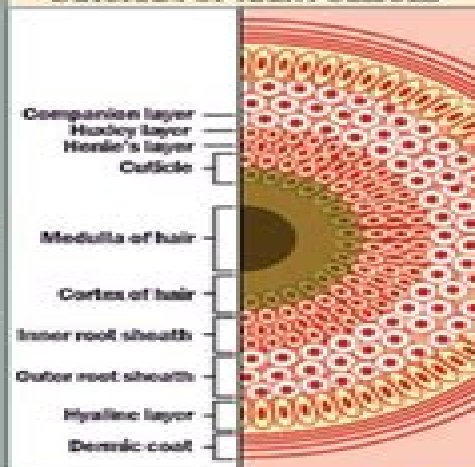


DIAGRAM OF HAIR FOLLICLE



Facial & Hair Removal Contraindications

Check each client for contraindications before any facial or hair removal service.

Ask about any pre-existing medical or skin conditions, recent medical or cosmetic surgeries, or medications they are taking that may have a negative reaction or harmful side effects to the type of service requested.

Some examples are: botox, chemical peels, cosmetic surgery, cold sores, collagen, rosacea, sunburns, including medications for acne, blood thinners and topical/oral cortisones.

Natural skin and hair color are determined by genetics and the amount of melanin produced.

Melanin	Hair Color
Eumelanin	Black, Brown
Pheomelanin	Red, Blonde
Mixed Melanin	Both types of Melanin

* Light = Less Melanin * Darker = More Melanin

www.CosmetologyCharts.com
1.888.961.3473

BASIC WAX PROCEDURES

BASIC WAX PROCEDURES

1. Consultation.
2. Cleanse, dry and apply powder.
3. Check wax temperature.
4. Apply a thin coat of wax with spatula.
5. Apply in the direction of hair growth.
6. Apply wax strip in the same direction of wax.
7. Hold skin tight and quickly remove.
8. Use hand to gently apply pressure to the area.
9. Analyze and apply lotion to sooth skin.



Cosmetology Skin Care Guide

Elliot Spencer



Cosmetology Skin Care Guide:

A Guide To Beauty & Skin Care Suganthi Subramaniam,2006 **Skin Care & Makeup Tips & Tricks** Karen Latchana Kenney,2015-09-01 It s tricky to keep your skin looking great but the right healthy habits and the careful use of makeup can make a world of difference It s as simple as knowing which products and treatments work best for your skin type whether it s oily or dry Once you re taking good care of your skin it s easy to use makeup to enhance your natural beauty Discover how to make your own skin care products and perfume And learn how to choose among different kinds of makeup how to take care of your products and tools and how to create your own unique look With the right tips and tricks you ll soon be on your way to fabulous glowing skin **All Natural Skin Care Online Guide: A Healthy Way to Cure Dark Circles and Wrinkles and Get Glowing Skin At Home Without Spending a Penny!** Suchi Gupta,2015-01-09 Be ready for compliments Let s cure the root cause of dark circles and wrinkles and get glowing skin in naturally at home without spending money with Yoga With pictures facial yoga Acupressure and herbal skin care solutions They are easy and work for all skin types for men and women No Botox pills operations pain or mental trauma Anyone can do them No experience or knowledge is needed

Resources in Education ,1981-06 **A Comprehensive Guide to Cosmetic Sources** Theodora J. Myllymaki,James M. Akerson,1993 **Ferguson Career Resource Guide to Apprenticeship Programs, Third Edition, 2-Volume Set** Elizabeth H. Oakes,2009 Each two volume book contains four major sections Introduction and Overview Provides forewords by notables in the field and an outline of the book Essays Features eight to 10 essays on topics such as workplace issues financial aid diversity and more Directory Contains descriptions and contact information for hundreds of organizations schools and associations arranged by topic Further Resources Indexes Includes glossaries appendixes further reading and indexes *Cosmetologists* Tracy Brown Hamilton,2020-12-15 Welcome to the cosmetology field If you are interested in a career in cosmetology you ve come to the right book So what exactly do these people do on the job day in and day out What kind of skills and educational background do you need to succeed in this field How much can you expect to make and what are the pros and cons of these various professions Is this even the right career path for you How do you avoid burnout and deal with stress This book can help you answer these questions and more *Cosmetologists A Practical Career Guide* which includes interviews with professionals in the field covers the following areas of this field that have proven to be stable lucrative and growing professions HairstylistNail technicianSalon or spa managerBeauticianWedding and event

stylistMakeup artistSkin care specialist **Pass the cosmetology state board exam 2025-2026** Elliot Spencer,2025-07-29 The truth is the cosmetology licensing exam is more than just a test it s the gateway to your career your freedom and your future in the beauty industry But with confusing study materials outdated guides and unreliable online resources it s easy to feel lost and discouraged That s exactly why Pass the Cosmetology State Board Exam 2025 2026 by Elliot Spencer was created to eliminate the guesswork cut through the noise and give you a proven powerful path to success

This comprehensive easy to follow exam prep guide is your ultimate companion designed with real students in mind Whether you re fresh out of cosmetology school or retaking the exam this book gives you everything you need to succeed an actionable study plan exam tested strategies and hundreds of realistic practice questions with in depth answer explanations that mirror the real exam Are you feeling overwhelmed anxious or stuck trying to figure out how to pass the Cosmetology State Board Exam in 2025 or 2026 You re not alone Thousands of aspiring beauty professionals are asking the same urgent question How do I pass the cosmetology exam on my first try without wasting time energy or money The truth is the cosmetology licensing exam is more than just a test it s the gateway to your career your freedom and your future in the beauty industry But with confusing study materials outdated guides and unreliable online resources it s easy to feel lost and discouraged That s exactly why Pass the Cosmetology State Board Exam 2025 2026 by Elliot Spencer was created to eliminate the guesswork cut through the noise and give you a proven powerful path to success This comprehensive easy to follow exam prep guide is your ultimate companion designed with real students in mind Whether you re fresh out of cosmetology school or retaking the exam this book gives you everything you need to succeed an actionable study plan exam tested strategies and hundreds of realistic practice questions with in depth answer explanations that mirror the real exam It goes beyond memorization and helps you master the why behind the what building your confidence and sharpening your understanding Inside you ll find up to date content aligned with the latest 2025 2026 state exam standards You ll uncover insider tips time saving test taking techniques and stress reducing strategies used by top scorers With clear language and practical guidance this book speaks directly to you no fluff no filler just what works Imagine walking into your exam calm focused and fully prepared Picture seeing that passing score and knowing your future in cosmetology is officially unlocked That s what this book makes possible This isn t just another study guide it s your blueprint for turning your cosmetology dreams into reality If you re serious about passing the Cosmetology State Board Exam and launching a successful career in beauty then this is the only guide you ll ever need Stop second guessing your preparation Grab your copy now and take the confident step toward becoming a licensed cosmetologist today Translator Nicolle Raven PUBLISHER TEKTIME [How To Maintain Your Beauty And Fitness Looking Younger](#) Sher Singh,2022-01-05 HOW TO MAINTAIN YOUR BEAUTY AND FITNESS LOOKING YOUNGER Your face is frequently one of the first things that people pay attention to you and is the focal point every time you interact with others But as we get older our skin changes and we may not feel confident with our faces Having a young face ER that looks and shining skin can also be a sign of health and vitality and influence how other people react to us By practicing good skincare modifying your lifestyle and considering medical care you can make your face look younger and shine you are young skin *Resources in Vocational Education* ,1980

Cosmetology Skin Care Guide: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels enthralling the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the fascinating narratives that have charmed audiences this year. Cosmetology Skin Care Guide : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and thrilling novel that will keep you speculating until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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