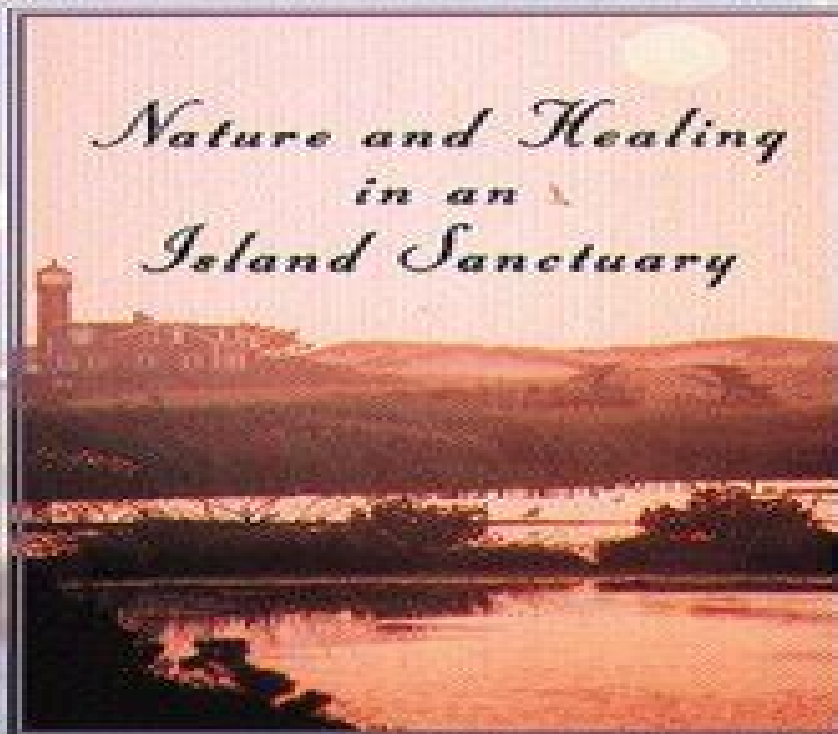


By
Monomoy
Light

*Nature and Healing
in an
Island Sanctuary*



North T. Cairn

FOREWORD BY JOHN HAY

By Monomoy Light Nature And Healing In An Island Sanctuary

Lei Huang



By Monomoy Light Nature And Healing In An Island Sanctuary:

By Monomoy Light North T. Cairn, 2000 In this beautifully written book North T Cairn reflects on her three extended summer stays on Monomoy an island wildlife sanctuary Residing alone in an abandoned lighthouse keeper s cottage she lived simply in the wilderness studying the diverse habitats of the refuge and its creatures Cairn recalls her sojourns on Monomoy seamlessly blending memoir with natural and social history to trace the transformations that come from encounters with nature and its inhabitants Her evocative observations of the barrier island paradise sea and sand light flora migrating birds white tailed deer gray and harbor seals echo larger transcendent issues of life in a changing world For Cairn the outer world of nature also becomes a metaphor for the inner world of reflection new discoveries and healing particularly of her own childhood trauma and long estrangement from family By Monomoy Light will reawaken the reader to the necessities of rest and peace of space apart for meditative listening and quiet of the imperative to preserve the character of the wilderness wherever it may be found

Chatham Debra Lawless, 2010-04-16 Picking up where Chatham in the Jazz Age left off this exciting new book by Debra Lawless explores the history of Chatham from the beginning of the Second World War to the end of the 1960s Meet a brave group of people who rationed their food and mourned the loss of their sons including Robert Scott Brown the only soldier from Cape Cod killed at Pearl Harbor As the military took over the Chatham Light and local radio station WCC wartime security became so tight that Chatham s fishermen were photographed and fingerprinted Experience the transition into the 1950s when even as tourism boomed Cape residents feared polio and called for zoning to ban hot dog stands Finally hang out with hippies as Chatham s sons were sent to another war in Vietnam and the nation geared up to begin its war on drugs

Book Review Digest , 2002 *American Book Publishing Record* , 2000-07 **Library Journal** , 2000-04 **The Publishers Weekly** , Forthcoming Books Rose Arny, 2000-06 **Publishers' International ISBN Directory** , 2000

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By Monomoy Light Nature And Healing In An Island Sanctuary Introduction

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