

CanFit Pro FIS Study Guide Questions With Complete Solutions

_____ pain is the result of damage to the musculoskeletal system, whereas _____ pain is a result of disease. Correct Answers Mechanical/Systemic

A 20-year old participant would have a predicted maximum heart rate of _____ BPM Correct Answers 180

A fit and unfit person has the same amount of blood at rest. The fit person has a _____ HR because their stroke volume is _____ Correct Answers Lower, higher.

Agonist Correct Answers Primary muscle causing movement

An average resting blood pressure is: Correct Answers 120/80

Anaerobic means Correct Answers Without Oxygen

Antagonist Correct Answers Opposing muscle to the agonist

Anterior Correct Answers Front of the body

ATP Phases Correct Answers 1. ATP:CP
1-2 seconds of high intensity workout
1 ATP deposited

2. Glycolytic System
10-120 seconds of high intensity workout
2/3 ATP deposited

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Trivium Military Exam Prep Team



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web directed by ellen s pressman writing credits cast in credits order complete awaiting verification produced by music by christophe beck score by cinematography by michael gershman director of photography editing by regis kimble as regis b kimble casting by marcia shulman production design by carey meyer art direction by

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web plot to prepare for sunnydale high s cultural exchange program buffy visits an incan exhibit with her schoolmates she is paired with an exchange student with whom her mom signed her up xander becomes jealous when he learns that she will room with a guy

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web back at buffy s ampata s trunk has arrived from the bus depot and as buffy starts to open it the fake ampata tells her not to bother she distracts buffy by talking more about the inca mummy s ceremonial seal the camera briefly shows that inside the trunk is the mummified corpse of the real ampata

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web sci fi inca mummy girl is the fourth episode of the second season of buffy the vampire slayer and the sixteenth episode in the series written by matt kiene with joe reinkemeyer and directed by ellen s pressman it was originally broadcast on october 6 1997 on the wb network mummy may i buffy

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web during a field trip to the local museum s inca exhibition weirdo student rodney munson breaks the ceramic plate which seals the protective curse in the coffin of an incan mummy who rises giving him a kiss which instantly mummifies him and gives her back life

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web at the bus station ampata is attacked by the mummy that escaped and by the time buffy xander and willow get there there s a girl waiting for them who is claiming she s ampata

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web sci fi mummy was a preserved corpse that could be reanimated into an undead being in the 15th the inca princess was sacrificed and mummified with a cursed seal that made sure that she would not awake she eventually became part of the inca princess exhibit touring places like boston atlanta new