

Controlling PEOPLE

The Paradoxical Nature
of Being Human

Richard S. Marken
Timothy A. Carey



Controlling People Paradoxical Nature Being

**Warren Mansell, Eva de Hullu, Vyv
Huddy, Tom Scholte**



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Controlling People Richard S. Marken, Timothy A. Carey, 2015 We need to strive for a world where people control what is important to themselves while minimizing the controlling of others We are all controlling people In fact our feelings of wellbeing depend on staying in control Just as when we drive a car we must stay in control in everyday life in order to keep the things we care about going in the right direction Yet this natural controlling behavior is sometimes the very reason we end up losing control This happens when we try to control other people as well as when we try to control ourselves So how do we do better Based on Perceptual Control Theory PCT this entertaining and enlightening book by psychologists Richard S Marken and Timothy A Carey explores the paradox of why we often lose control by trying to be in control and why our controlling nature makes it difficult to stop this self defeating behavior They show that understanding PCT opens the window to understanding and learning about ourselves as controlling people and equips us to lead more effective and satisfying lives

The Paradox of Control in Organizations Philip Streatfield, 2003-09-02 Adopting the perspective of complex responsive processes Philip Streatfield reflects on his own experience as a manager to explore the question who or what is in control in an organization

[The Interdisciplinary Handbook of Perceptual Control Theory, Volume II](#) Warren Mansell, Eva de Hullu, Vyv Huddy, Tom Scholte, 2023-03-14 Given the fundamental challenges to society in this era a radical rewrite of how we approach science and culture is necessary This handbook applies Perceptual Control Theory PCT to achieve a much needed convergence across the physical life and social sciences the humanities and arts In doing so it addresses challenges such as mental illness dementia cancer care toxic masculinity and societal oppression It also reveals how PCT can be applied to practical issues such as understanding healthcare service implementation and human machine interaction as well as deeper questions such as consciousness and imagination This second volume of the successful interdisciplinary handbook offers rich examples of how the unifying perceptual control framework can provide a viable alternative to existing theories and methodologies for a timely paradigm shift Examines the relationship between our perceptions consciousness and imagination Provides computational and mathematical models for physiological systems such as human movement human machine interaction and psychological processes such as recovery from mental health problems Presents health as control which leads to game changing suggestions in designing interventions for health behavior cancer support care for dementia and mental health services Helps readers comprehend goals of teachers and students in education from a PCT perspective to show how educative interactions could be less coercive and foster flourishing The value of PCT is demonstrated in understanding cultural memes and social challenges such as toxic masculinity

Perceptual Control Theory William T. Powers, 2016-05-17 These introductions and readings provide a comprehensive range of information for the study of Perceptual Control Theory papers books book reviews resources on line demos and tutorial programs for your computer Perceptual Control Theory PCT results from one man s curiosity expertise creativity and determination The articles books

and tutorial programs introduced in this volume would not have been written certainly not this way if it were not for William T Bill Powers s seminal insight and tireless efforts across more that sixty years The PCT explanation for what behavior is how it works and what it accomplishes is well documented It lays a foundation for a new natural science and can handle behavioral phenomena within a single testable concept of how living systems work You can demonstrate it yourself with functioning computer simulations Whether you are interested in improving education resolving chronic psychological stress understanding what is going on with an inconsolable baby understanding the basis for our universal sense of justice getting a different take on what emotions are resolving conflict in general becoming a better parent manager sales person friend or lover you will find fascinating insight when you review these readings and study this new explanatory concept with care ,

Reality Therapy: Theory & Practice Leon Lojk,Bosiljka Boba Lojk, Besides Scientific Argument of Reality Therapy written by Leon Lojk reality therapy has never actually been presented in a broader theoretical context In addition to deepening understanding of total behaviour or understanding of the organism as an operationally closed self regulating system understanding of personality the relationship between the individual and their environment understanding the concept of relationships in light of choice theory the beliefs about human behaviour that underlie our actions and understanding mental health Theory and the Practice of Reality Therapy by Leon and Boba Lojk presents reality therapy in relation to other psychotherapeutic approaches through some similarities and differences between them Group reality therapy was presented in a similar way With regard to the reality therapy theory of practice so far only structured procedural reality therapy has been available in the literature Glasser called it the old reality therapy and advocated therapy using choice theory which he called the new reality therapy This is the authentic approach of the therapist who himself lives in accordance with choice theory beliefs which requires profound changes in the understanding of human behaviour Until now it has not been possible to find a description in the literature of how the process of new reality therapy flows except for the author s practical presentation of working with clients These pages present for the first time the new reality therapy theory of practice through formulation the relationship between therapist and client and the theory of change in reality therapy How reality therapy looks in practice is evident from practical examples of working with clients The offered reading is certainly welcome to participants in reality therapy training and to reality therapists practitioners and those who want to learn more about this approach The Study of Living Control Systems Richard S. Marken,2021-02-04 This book describes psychological research methods that treat the behavior of living organisms as purposeful rather than mechanical

Rethinking Secondary Mental Healthcare Robert Griffiths,Vyv Huddy,Stuart Eaton,Jasmine Waldorf,Warren Mansell,2023-11-09 This book considers how principles derived from a theory of human behaviour Perceptual Control Theory can be applied to create mental health services that are more effective efficient and humane Authored by clinicians academics and experts by experience the text explores the way Perceptual Control Theory PCT principles can be applied within the secondary mental

healthcare system from the overall commissioning and design of services to the practice of individual clinicians A range of topics relevant to the delivery of secondary mental healthcare are covered including community and inpatient working the delivery of individual psychological therapy the use of restrictive practices and working with relatives and carers The book concludes by describing PCT s unique contribution to the field of mental healthcare The book one of the first of its kind will be of interest to students and practitioners from a range of health and social care backgrounds as well as service managers commissioners academics and policy makers The Open Access version of this book available at <http://www.taylorfrancis.com> has been made available under a Creative Commons Attribution Non Commercial No Derivatives CC BY NC ND 4 0 license

Experimental Psychology and Human Agency Davood Gozli, 2019-07-16 This book offers an analysis of experimental psychology that is embedded in a general understanding of human behavior It provides methodological self awareness for researchers who study and use the experimental method in psychology The book critically reviews key research areas e g rule breaking sense of agency free choice task switching task sharing and mind wandering examining their scope limits ambiguities and implicit theoretical commitments Topics featured in this text include Methods of critique in experimental research Goal hierarchies and organization of a task Rule following and rule breaking behavior Sense of agency Free choice tasks Mind wandering Experimental Psychology and Human Agency will be of interest to researchers and undergraduate and graduate students in the fields of experimental psychology cognitive psychology theoretical psychology and critical psychology as well as various philosophical disciplines

Social Control of Business John Maurice Clark, 1926

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