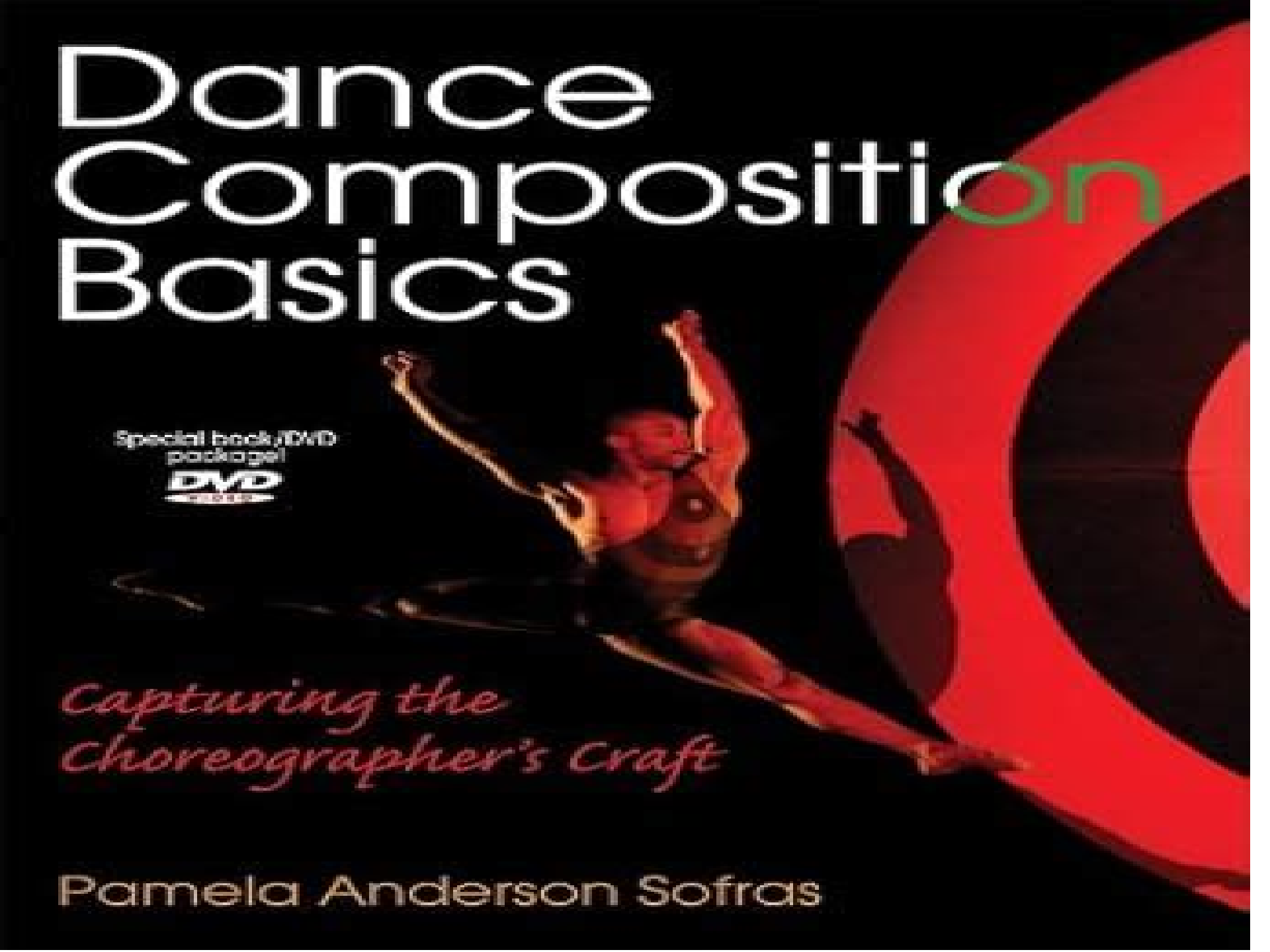


Dance Composition Basics

A dancer in a dynamic pose, possibly a contemporary or modern dance style, is captured in mid-air. The dancer is wearing a dark, form-fitting outfit. The background features large, concentric circles in red and black, creating a sense of depth and movement. The overall color palette is dominated by red, black, and white.

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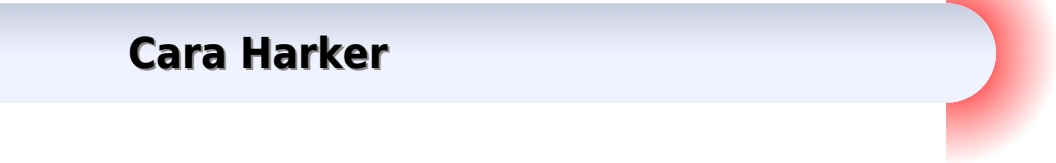
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Choreographer's Craft*

Pamela Anderson Sofras

Dance Composition Basics Capturing The Choreographers Craft

Cara Harker



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Dance Composition Basics Pamela Anderson Sofras, 2019-02-06 If the saying To be the best you must learn from the best holds true then this book is gold for all aspiring dancers Dance Composition Basics Second Edition doesn't just feature the works and brilliance of dance and choreographic legends Alonzo King and Dwight Rhoden it is completely based on the choreographic operations and forms in three of their original works Chants and Dreamer by King and Verge by Rhoden All compositional exercises in the book are based on those three works and the book itself is expertly crafted by Pamela Anderson Sofras who has 34 years of experience teaching dance at the university level Dance Composition Basics designed for beginning dance composition courses introduces dancers to choreography through a series of problem solving activities The activities are starting points for novice dancers to embark on their own attempts at choreography Useful Tools The book offers several useful tools for instructors 27 lesson plans that draw from and highlight selected portions of original compositions by King and Rhoden 33 reproducible assessment and self evaluation forms An instructor guide that includes a sample course syllabus plus written exams for each chapter PowerPoint presentations to guide students through each lesson A web resource featuring online videos that are closely tied to the lesson plans and provide a richer learning experience for students students can access this resource inside or outside of class Highly Valuable Video Resource The videos give students access to Alonzo King and Dwight Rhoden highly successful and respected choreographers who share their processes and techniques Many video clips show the choreographers working on the same movement concepts featured in the corresponding lesson Students will see the choreographers in action with professional dancers as they develop the movement material for each dance Because students get to see the choreographers and dancers struggling with the same creative concepts they have been assigned these clips add tremendous value to Dance Composition Book and Web Resource Organization The text is split into five chapters each of which features several lessons based on that chapter's choreographic concept Each lesson contains the following An introductory statement and a vocabulary list A warm up to prepare the body and focus the mind Structured improvisations that help dancers understand the movement concepts of the lesson Problem solving activities that allow dancers to apply the concepts presented in the improvisations Discussion questions to engage dancers and promote understanding Assessment rubrics to guide evaluation of each dancer's learning At the end of the book a glossary provides definitions for the vocabulary terms introduced in the chapters The main menu of the web resource corresponds with the five chapters in the book To guide students use of the videos icons have been placed throughout the book referring readers to additional information in the web resource Reviewing the videos will provide further insight into the choreographic assignment The web resource also contains all the discussion questions assessments and evaluations found in the book Instructors can distribute these to students electronically or print them out Instructors can also adapt the forms to meet their specific needs The web resource is included with all new print books and some ebooks For ebook formats

that don't provide access the web resource is available separately The Learning Process Dance Composition takes students through a systematic learning process reading about a concept discussing the concept seeing the concept played out on video with professional choreographers and dancers and exploring the concept through their own movement ideas Through this process which includes structured improvisations students discover a movement vocabulary and original dance phrases They then more fully develop their movement ideas with specific movement assignments and are given feedback by their peers and the instructor Invaluable Resource Dance Composition Basics Second Edition is an invaluable resource for dancers of all styles from ballet to modern jazz as it introduces them to some of the compositional structures used by professional choreographers Through the carefully designed lessons in the book and the expert examples on the video clips students can use this resource to take their first confident and exhilarating steps into the craft of choreography

Dance Composition Basics Pamela Sofras, 2006 The DVD documents each choreographic operation and allows students to observe a direct relationship between the activities in the dance composition classroom and current practice in the profession of dance

Foundations for Performance Training Cara Harker, 2022-04-27 Foundations for Performance Training Skills for the Actor Dancer explores the physical emotional theoretical and practical components of performance training in order to equip readers with the tools needed to successfully advance in their development as artists and entertainers Each chapter provides a fresh perspective on subjects that students of acting and dance courses encounter throughout their training as performing artists Topics include Equity diversity and inclusion in performance Mind body conditioning for training rehearsal and performance Developing stage presence and spatial awareness Cultivating motivation and intention in performance Expanding repertoire and broadening skillset for performance Auditioning for film and stage Developing theatrical productions This book also offers experiential exercises journal writing prompts and assignments to engage readers enrich their learning experience and deepen their exploration of the material described in each chapter Readers will grow as performing artists as they analyze the principles of both acting and dance and discover how deeply the two art forms are intertwined An excellent resource for students of acting musical theatre and dance courses Foundations for Performance Training encourages a strong foundation in creative analysis technique artistic expression and self care to cultivate excellence in performance

Dance and Choreography Michael Joosten, 2009-08-15 In Dance and Choreography readers can explore the art of dance from style and technique to standing out at a dance audition It takes the reader from the audition process to opening night with tips and hints for both the dancer and the choreographer Everything an aspiring dance enthusiast needs to know

Beginning Modern Dance Miriam Giguere, 2023-08-03 Beginning Modern Dance With HKPropel Access introduces undergraduate and high school students to modern dance as a performing art through participation appreciation and academic study in a dance technique course In the book 50 photos with concise descriptions support students in learning beginning modern dance technique and in creating short choreographic or improvisational

studies For those new to modern dance the book provides a friendly orientation on the structure of a modern dance technique class and includes information regarding class expectations etiquette and appropriate attire Students also learn how to prepare mentally and physically for class maintain proper nutrition and hydration and avoid injury Beginning Modern Dance supports students in understanding modern dance as a performing art and as a medium for artistic expression The text presents the styles of modern dance artists Martha Graham Doris Humphrey and Jos Lim n Katherine Dunham Lester Horton and Merce Cunningham along with an introduction to eclectic modern dance style Chapters help students begin to identify elements of modern dance as they learn view and respond to dance choreography and performance Related materials delivered online via HKPropel include 38 interactive video clips and photos of dance technique to support learning and practice In addition e journal and self reflection assignments performance critiques and quizzes help students develop their knowledge of modern dance as both performers and viewers Through modern dance students learn new movement vocabularies and explore their unique and personal artistry in response to their world Beginning Modern Dance supports your students in their experience of this unique and dynamic genre of dance Beginning Modern Dance is a part of Human Kinetics Interactive Dance Series The series includes resources for ballet modern tap jazz musical theater and hip hop dance that support introductory dance technique courses taught through dance physical education and fine arts departments Each student friendly text has related online learning materials including video clips of dance instruction assignments and activities The Interactive Dance Series offers students a collection of guides to learning performing and viewing dance Note A code for accessing HKPropel is not included with this ebook but may be purchased separately

Staging and Choreography Tracy Brown, 2012-07-15 With the popularity of Glee many students are asking themselves How can I start a glee club at my school With this come other pertinent questions how do you pick a choreographer how do you find great dancers who can put on a good performance and many more This volume in the Glee Club series answers these questions and more Readers will be well on their way to forming their own glee club with this fun and engaging guide to all things glee club

Improvised Dance Nalina Wait, 2023-04-14 This book elucidates the technical aspects of improvised dance performance and reframes the notion of labour in the practice from one that is either based on compositionally formal logic or a mysterious impulse to one that addresses the in corporeal dimensions of practice Mobilising the languages and conceptual frameworks of theories of affect embodied cognition somatics and dance this book illustrates the work of specialist improvisers who occupy divergent positions within the complex field of improvised dance It offers an alternative narrative of the history and current practice of Western improvised dance centred on the epistemology of its in corporeal knowledges which are elusive yet vital to the refinement of expertise Written for both a disciplinary specific and interdisciplinary audience this book will interest dance scholars students and practising artists

Controls and Art Amy LaViers, Magnus Egerstedt, 2014-01-23 Dancing humanoids robotic art installations and music generated by mathematically precise methods

are no longer science fiction in fact they are the subject of this book This first of its kind anthology assembles technical research that makes such creations possible In order to mechanize something as enigmatic and personal as dance researchers must delve deeply into two distinct academic disciplines control theory and art Broadly this research uses techniques from the world of art to inspire methods in control enables artistic endeavours using advanced control theory and aids in the analysis of art using metrics devised by a systems theoretic approach To ensure that artistic influences are well represented the individual chapters are focused so that they relate their contribution to the arts meaningfully and explicitly Specially composed introductions set up the contributions either in terms of inspiration by artistic principles or their contribution to the arts through new analysis tools To facilitate this the majority of the chapters are authored jointly by experts in control theory and by artists including dancers choreographers puppeteers and painters Connections between controls and art then permeate the text so that these important relationships play a central role in the book Controls and Art surveys current projects in this area including a disco dancing robot a reactive museum exhibit and otherworldly music and illuminates open problems and topics for research in this emerging interdisciplinary field It will draw attention both from experts in robotics and control interested in developing the artistic side of their creations and from academics studying dance theater music and the visual arts with an interest in avant garde means of production

Foundations of Kinesiology Carole A. Oglesby, Kim Henige, Douglas W. McLaughlin, Belinda Stillwell, 2021-03-18 Each new print copy includes Navigate Advantage Access that unlocks a comprehensive and interactive eBook student practice activities and assessments a full suite of instructor resources and learning analytics reporting tools Foundations of Kinesiology Second Edition provides a guided introduction to the discipline and professions of kinesiology using a holistic learner centered and skill based approach It explores the core subdisciplines of kinesiology and allows students to explore the research and physical activity contributions that each has to offer The text also considers how the discipline is crucial in enabling healthy lives by illustrating real life scenarios across several chapters

Modern Political Aesthetics from Romantic to Modernist Fiction Tudor Balinisteanu, 2018-05-11 In this new research monograph Tudor Balinisteanu draws on concepts of dance to demonstrate how the nonhuman is dealt with in terms of practical politics that is choreographies of social performance which emerge at the intersection of literature art and embodied life Drawing on a number of influential texts by William Wordsworth Joseph Conrad W B Yeats and James Joyce this truly interdisciplinary monograph explores the relations between the human and the nonhuman across centuries of literature and as demonstrated in philosophical concepts and social experiments

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