Dianna L. Van Blerkom

College Study Skills

BECOMING A STRATEGIC LEARNER



College Study Skills Becoming A Strategic Learner 5th Edition

Peter Elias Sotiriou

College Study Skills Becoming A Strategic Learner 5th Edition:

College Study Skills: Becoming a Strategic Learner Dianna L. Van Blerkom, 2011-01-06 A market leader for the study skills course COLLEGE STUDY SKILLS BECOMING A STRATEGIC LEARNER Seventh Edition is a wide ranging practical text that focuses on helping students become actively engaged in their own learning. The text incorporates active learning strategies to help students succeed in college by introducing a strategy allowing them to practice it and having them do self assessments to gain feedback on their own success This variety of strategies and activities as well as authentic and engaging text material from numerous core subject areas gives students opportunities to apply what they are learning to their course work in other college classes The Seventh Edition has a new focus on motivation Chapter 1 Getting Motivated focuses on the importance of motivation in college success More information on the causes of motivation problems and strategies for increasing motivation are also included and each of the chapters that follow in the text strengthens the connection between motivation and the strategies that are presented so that students continue to increase their motivation throughout the course Important Notice Media content referenced within the product description or the product text may not be available in the ebook version College Study Hacks: 101 Ways to Study Easier and Faster Melanie Falconer, 2017 The general rule of thumb has been that you should study about two to three hours for every hour you spend in the classroom If you have a 15 credit hour semester you generally spend about 15 hours in class every week which means you should be studying between 30 to 45 hours per week That s a lot of time many students don t have that kind of time to spare This book provides college students with 101 study tips that will help them cut down on study time Our guide offers tips and tricks to be proficient while still absorbing the information needed to succeed Students will learn how to take the best notes time management skills and the low down on sleep caffeine and food You ll learn how to write better papers how to take tests more efficiently and how to be a better reader If you re struggling with studying techniques that take up your time and energy look no further This comprehensive guide is your key to getting the grade with the least amount of effort Handbook of College Reading and Study Strategy Research Rona F. Flippo, 2008-08-15 This Handbook is the most comprehensive and up to date source available for college reading and study strategy practitioners and administrators In response to changing demographics politics policy issues and concerns in the field of college reading and study strategies since publication of the first edition in 2000 this new edition has been substantially revised and fully updated to reflect the newest research in the field including six new chapters and a more user friendly structure to make it easier for researchers program administrators college instructors and graduate students to find the information that they need In this thorough and systematic examination of theory research and practice college reading teachers will find information to make better instructional decisions administrators will find justification for programmatic implementations and professors will find in one book both theory and practice to better prepare graduate students to understand the parameters and issues of this field The Handbook is an essential resource for

professionals researchers and students as they continue to study research learn and share more about college reading and study strategy issues and instruction 101 Ways to Make Studying Easier and Faster for College Students Susan Marie Roubidoux, 2008 Although the average college student spends only between 15 and 18 hours in class in any given week increasing the amount of free time there is a correlating increase in the workload Many college students never learned effective study habits in high school and believe they will be able to make it through college just as easily However college and university professors and administrators claim that studying is directly connected to a student s ultimate success or failure By reading 101 Ways to Make Studying Easier and Faster for College Students you can improve the effectiveness of your studying After all effectiveness is not measured by the length of time spent studying or blankly staring at a textbook but by the level of comprehension In this new book you will learn how to make a study schedule how to design an effective study environment how to read for comprehension how to get organized how to find your learning style how to take notes during lectures how to listen better in class how to use reference sources how to boost your concentration how to stay motivated how to review and edit your notes and how to increase reading comprehension You will learn effective note taking strategies where to study when to study time management skills strategies for reading novels and text books memorization techniques and organizational skills Additionally you will find out how to stay awake while studying how to change your current habits and how to make studying more enjoyable We will provide you with various studying methods including flashcards guizzes summarizing outlining answering study guide questions and the proven SQ3R method as well as exercises to help improve your skills Furthermore 101 Ways to Make Studying Easier and Faster for College Students is full of tips from students just like you as well as professors No two people learn the same way and no one study method will work for everyone While this book introduces you to different study methods the aim is to improve your learning your understanding and ultimately your grades Atlantic Publishing is a small independent publishing company based in Ocala Florida Founded over twenty years ago in the company president's garage Atlantic Publishing has grown to become a renowned resource for non fiction books Today over 450 titles are in print covering subjects such as small business healthy living management finance careers and real estate Atlantic Publishing prides itself on producing award winning high quality manuals that give readers up to date pertinent information real world examples and case studies with expert advice Every book has resources contact information **Integrating College Study Skills** Peter Elias Sotiriou,1999 This and web sites of the products or companies discussed skills based text goes beyond presenting study strategies in a generic way and teaches students how to use these strategies effectively by integrating their reading writing and listening skills College Study Skills Dianna L. Van Blerkom, 2005-03 Learn how to learn more effectively This comprehensive text helps you identify your learning style and select the most appropriate learning strategies for you With hands on self assessment tools and examples of how different learning strategies are applied this book will help you get the most out of the college learning experience Back cover College Learning and

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