

CASE STUDY (COPD) – NURSING PROCESS CARE PLAN SCENARIO



D.Z., a 65-year-old man, is admitted to your medical floor for exacerbation of chronic obstructive pulmonary disease (COPD). He has a past medical history of hypertension, which has been well controlled by enalapril (Vasotec) for the past 6 years. He has had an episode of pneumonia yearly for the past 3 years, and has been a 1-pack-a-day smoker for 38 years. He appears as a cachectic man who is experiencing difficulty breathing at rest. He reports having a productive cough of thick yellow-green sputum. D.Z. seems irritable and anxious. He reports sleeping poorly and feeling tired most of the time. Vital Signs: BP 152/84, HR 124, RR 42, T 100.4F SaO₂ 88%

D.Z.'s wife approaches you in the hallway and says, "I don't know what to do. My husband used to be so active before he retired 6 months ago. Since then he's lost 35 pounds. He is afraid to take a bath, and it takes him hours to dress—that's if he gets dressed at all. He has gone downhill so fast that it scares me. He's afraid to do anything for himself. He wants me in the room with him all the time, but if I try to talk with him, he snarls and does things to irritate me. I just don't know what to do."

Prescriber Orders

Admit to Med/surg (Is he stable enough to go to med/surg? I think he needs to go to ICU)

Low sodium diet as tolerated. (Blood pressure, keeping it down)

Out of bed with assistance (hypoxic, fall risk, deteriorating)

Oxygen via face mask FiO₂ 30–60% to maintain Sa O₂ of 90%. (because they can't blow off CO₂, go into stupor, die)

Continuous EKG monitoring (FYI – EKG and ECG are the same thing) (because not getting enough oxygen, so heart is strained.)

IV of D5W at 50 ml/hr

Arterial blood gases (ABGs) STAT (how well is he exchanging those gases, respiratory alk/acidosis)

Chest x-ray (CXR) q24h (establish a base-line, to see if interventions are making a difference)

CBC with differential, Basic metabolic panel (BMP), Sputum culture now (how stable is he, sputum sample to

Case Scenario For Nursing Care Plan

Lei Huang



Case Scenario For Nursing Care Plan:

Case Scenario For Nursing Care Plan Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the power of words has are more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such is the essence of the book **Case Scenario For Nursing Care Plan**, a literary masterpiece that delves deep into the significance of words and their affect our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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Table of Contents Case Scenario For Nursing Care Plan

1. Understanding the eBook Case Scenario For Nursing Care Plan
 - The Rise of Digital Reading Case Scenario For Nursing Care Plan
 - Advantages of eBooks Over Traditional Books
2. Identifying Case Scenario For Nursing Care Plan
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Case Scenario For Nursing Care Plan
 - User-Friendly Interface
4. Exploring eBook Recommendations from Case Scenario For Nursing Care Plan
 - Personalized Recommendations
 - Case Scenario For Nursing Care Plan User Reviews and Ratings
 - Case Scenario For Nursing Care Plan and Bestseller Lists

5. Accessing Case Scenario For Nursing Care Plan Free and Paid eBooks
 - Case Scenario For Nursing Care Plan Public Domain eBooks
 - Case Scenario For Nursing Care Plan eBook Subscription Services
 - Case Scenario For Nursing Care Plan Budget-Friendly Options
6. Navigating Case Scenario For Nursing Care Plan eBook Formats
 - ePub, PDF, MOBI, and More
 - Case Scenario For Nursing Care Plan Compatibility with Devices
 - Case Scenario For Nursing Care Plan Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Case Scenario For Nursing Care Plan
 - Highlighting and Note-Taking Case Scenario For Nursing Care Plan
 - Interactive Elements Case Scenario For Nursing Care Plan
8. Staying Engaged with Case Scenario For Nursing Care Plan
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Case Scenario For Nursing Care Plan
9. Balancing eBooks and Physical Books Case Scenario For Nursing Care Plan
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Case Scenario For Nursing Care Plan
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Case Scenario For Nursing Care Plan
 - Setting Reading Goals Case Scenario For Nursing Care Plan
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Case Scenario For Nursing Care Plan
 - Fact-Checking eBook Content of Case Scenario For Nursing Care Plan
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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