

Core Surgical Interview Guide 2016

5th Edition



SECTION 1 CLINICAL

Past stations with mock answers given at interview by candidates. Advice on how to approach the question, communicate your knowledge effectively and supplementary clinical information to make noting for the clinical station easy.

SECTION 2 PORTFOLIO

Optimise your portfolio and make it stand out and impress your interviewers. Prepare for the new format of the portfolio station including prepared presentation station. Supplementary questions from recent interviews on your portfolio with advice on how to best answer them.

SECTION 3 MANAGEMENT

The dreaded management station made simple. Past stations with useful structures that you can use when faced with difficult questions. Our authors, who all previously went through the interview take you through common questions, and advise you on how to score maximum points.

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The Guide for the Core Surgical Interview Core Surgical Training

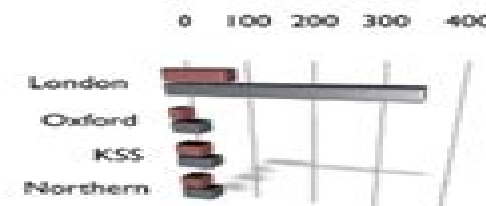
Core Surgical Training in the UK is a two year programme designed to provide junior surgeons with general operative skills, clinical experience of both acute and ward based surgical care, and to introduce trainees to a range of sub-specialities. By the end of CT2 you will have completed 24 months in surgery, a prerequisite for progression to ST3 level.

The structure of training varies throughout the country but normally comprises of 4 or 6 month rotations. These are themed in some deaneries such as in Manchester where a core trainee will do around 18 months of one speciality and 6 months of another, or varied, like in London where you do 4 month rotations in CT1 and then two 6 month rotations in CT2, one of which will be the sub-speciality of your choice.

At the end of Core Training you apply to Speciality Training, ST3-ST8, which leads to a Certification of Completion of Training (CCT), allowing you to become a Consultant.

Ranking for your CT1 job matters. If you get a high enough rank to be given 2 or 3 of the sub-specialities of your choice, or indeed the themed job of your choice, then you are setting yourself up with a great chance at that ST3 number. If you just scrape into core training then you have to take what you are given, and may not be able to do your chosen

Competition



specialty before ST3 interviews. Clearly you would be at a disadvantage to the candidate above who has already got 6 months of experience and project completion. This is why we encourage all applicants to put every effort into preparing for the interviews. It may be too late now to publish another paper, but it is not too late to polish your interview technique, and read up on the topics commonly asked. The Core Surgical Interview Guide aims to make this process easier for you by providing a structure with which you can answer questions, through in depth discussion of the questions that we were asked over the last few years.

We aim to demystify the core surgical application, and provide relevant advice on how to prepare for the interview. The stations provided here follow the actual format you will experience at interview,

Core Surgical Interview Guide

Joe Esland, Andrew Hall



Core Surgical Interview Guide:

Core Surgery Interview Alexander Logan, 2015-12-31 Core Surgery Interview is the definitive guide for anyone applying to core surgical training in the United Kingdom. Over 50 unique scenarios are divided into Clinical Management and Portfolio to match the stations that appear at core surgery interviews. Each scenario includes common questions as asked by interviewers with comprehensive answers, summaries and top tips from high scoring successful candidates. Over 500 individual core surgery interview questions cover commonly asked topics and are accompanied by references and insiders tips from trainees. Detailed questions and answers allow you to practise alone or in pairs and the comprehensive introductory section helps you organise your CV and portfolio ahead of the application. Core Surgery Interview is aimed at foundation doctors and anyone applying to core surgical training in the United Kingdom. Written by successful interviewees and reviewed and edited by registrars and consultants, the questions and answers included cover common themes and are designed to fully prepare you for the core surgery interviews. Features: Over 500 Unique Interview Questions, Commonly asked questions with full explanations, Clinical Portfolio and Management. Each station covered in detail with links to evidence, Top Tips From Successful Candidates. Written by current core surgical trainees and registrars. More Online. Even more questions and core surgical guides available at www.coresurgeryinterview.com.

Core Surgical Training Interviews Sukhpreet Singh Dubb, 2020-12-31 Each year the competition ratio for UK Core Surgical Training jobs is high. For every 3-5 applicants only one will be successfully appointed to a CST post. This revision guide maximises the chances of interview success by providing comprehensive application and interview advice. Chapters include Clinical Portfolio and Management stations and include both advice and real clinical scenarios enabling trainee surgeons to save time and gain interview confidence.

Smashing The Core Surgical Training Interview: A Holistic guide to becoming a surgeon Anokha Joseph, Janso Joseph, 2023-09-14 Smashing Core Surgical Training Interviews is a crucial roadmap through the highly competitive world of surgery written by previous Core Surgical Training National Recruitment panel members. It provides a realistic understanding of what is expected on the interview day and how best to prepare for it. This is the perfect preparation guide for any medical student or junior doctor with a serious desire to launch a career in surgery in the United Kingdom by smashing the Core Surgical Training interviews. It covers all aspects of the interview including how to prepare the portfolio, virtual interview etiquette and post interview considerations. This book contains more than 35 clinical scenarios and more than 15 management scenarios with model answers, Model frameworks for structuring answers, Information covering real life struggles including how to maximise opportunities as a medical student, how to publish and how to decide whether to take an F3 year, Insights into the diverse world of modern surgery including women in surgery, LGBTQ issues, dyslexia and neurodiversity and challenges faced by ethnic minorities, A framework for international medical graduates planning surgical careers. This book has been written to help those taking the step up from medical student or Foundation doctor to the first

rungs on a surgical career ladder In addition to some very useful hints and tips this book touches on topics for which there is often little signposting Fiona Myint FRCS MA Clin Ed LLM SFHEA Consultant Vascular Surgeon Vice President Royal College of Surgeons of England The editors have put together a wonderful group of surgical educators to write this practical and easy to read book that is filled with useful pearls for prospective surgical training applicants It directly addresses feelings of imposter syndrome and stereotype threat Roy Phitayakorn MD MHPE FACS General and Endocrine Surgeon Vice Chair of Education Massachusetts General Hospital Department of Surgery Associate Professor of Surgery Harvard Medical School Surgery is the best job ever Becoming a surgeon however requires technical skill common sense and grit If you know what s ahead from this book you are more likely to achieve your goal to become a Master Surgeon Daniel B Jones MD MS FACS Professor and Chair of the Department of Surgery at University Hospital Assistant Dean at Rutgers New Jersey Medical School

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Surgical Interviews Shelly Griffiths,2019-05-20 Prepare prepare prepare prepare Surgical Interviews The Survival Guide is a highly detailed handbook of what to expect during surgical interviews including applications and CV preparation clinical scenarios portfolios communication possible questions suggested solutions potential pitfalls and a multitude of invaluable tips to enhance the overall

The Complete Guide to Core Surgical Training Interviews Oliver Skan,Kiran Saini,2024-11-21 Written by the candidates who ranked first and second nationally in the 2023 Core Surgical Training CST application process this book is a definitive guide to success in the CST interview This book takes candidates through the CST interview process covering all of the clinical ethical and leadership components that an applicant can expect to be tested on Over 55 clinical and ethics based cases and hundreds of interview questions are used as part of a spiral curriculum that covers common stations and helps to build a replicable approach to each station It also covers important aspects of communication and presentation skills The authors share their tips and tricks for scoring highly helping candidates to maximise their chances and stand out in a highly competitive field This book will be an invaluable resource for foundation year doctors and international medical graduates preparing to apply for CST

The Hands-on Guide to Surgical Training Matthew Stephenson,2012-01-30 Thinking about a surgical career About to start surgical training Do you know what to expect and how to thrive The Hands on Guide to Surgical Training is the ultimate practical guide for medical students and junior doctors thinking about taking the plunge into surgery and also for surgical trainees already in training It s full of invaluable practical information and career guidance to ensure you get the most out of your surgical career It offers general guidance and advice on surgical training together with detailed information on each of

the nine surgical subspecialties each written by seniors and consultants as you make both clinical and career based choices Undoubtedly one of the most comprehensive resources for surgical trainees available The Hands on Guide to Surgical Training will be essential reading throughout your training and surgical career Take the stress out of surgical training with The Hands on Guide *The Surgical Portfolio and Interview* Joe Esland,Andrew Hall,2021-07-07 Surgical training is highly competitive and requires preparation dedication and an understanding of the principles of selection Your application will be evaluated across a range of competences according to objective criteria with selection based primarily on your surgical portfolio evidence of relevant experience and achievements to date which is used to demonstrate your suitability for a role surgical interview a range of stations designed to assess specific areas of the selection criteria This book is a practical guide to help you build an impressive portfolio and deliver a quality performance at interview It offers key advice on these two areas of assessment as follows The surgical portfolio Advice on where to start and how to maximise the benefit you gain from each opportunity Each portfolio domain is discussed in turn explaining the context and rationale and providing a guide to maximising your performance in each area Example opportunities are provided for you to pursue to help to adapt your experience to the specific assessment criteria The surgical interview Understand the rationale behind the questioning to help you tailor your answers to maximise scoring Answer templates with key guidance to help you provide effective answers based on your portfolio experiences Guidance on contemporary surgical topics to help you with discussion and debate **A How To Guide For Medical Students** Andrea Gillis,Cary B. Aarons,2024-09-04 This book will provide a guide for medical students to self reflect build a portfolio and select a career path equipped with the knowledge to make an informed decision that is the best for them The editors comprise a diverse spectrum from background stage of training type of practice to career path This is a timely update taking into account new situations such as the virtual environment for residency applications the spotlight on residency wellness and incorporating diversity equity and inclusion in our personal and institutional missions The Ultimate Core Surgical Training Application Guide Rohan Agarwal,Nikhil M Patel,2021-04-20 The latest edition updated and revamped for 2021 entry The UK s Number One Best Selling CST application Book Published by the UKs Leading Medicine Admissions Company the Ultimate CST Application Guide is the most comprehensive CST book available It contains powerful portfolio building insights helpful hints and tricks that will allow you to approach the most difficult interview questions Detailed example mark schemes that guide you through the most efficient way to mastering each interview station as quickly as possible With contributions and advice from over 10 Specialist CST consultants this is your Ultimate companion to the CST application and a MUST BUY for those looking to do well in this years application cycle

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